1  
00:00:04,820 --> 00:00:07,340  
好，各位师友同仁  
  
2  
00:00:08,420 --> 00:00:10,980  
咱们呢，继续今天金贵的课程  
  
3  
00:00:11,530 --> 00:00:16,250  
在上堂课的时候，我们系统地讲解了黄疸病的病因、病机  
  
4  
00:00:16,410 --> 00:00:17,210  
他的政治  
  
5  
00:00:17,820 --> 00:00:18,020  
呃  
  
6  
00:00:18,060 --> 00:00:18,660  
今天呢  
  
7  
00:00:18,700 --> 00:00:20,100  
我们用一个单元  
  
8  
00:00:20,100 --> 00:00:21,620  
也就是两个学时的时间  
  
9  
00:00:22,020 --> 00:00:24,740  
给大家讲解一下经济吐虐下血  
  
10  
00:00:24,780 --> 00:00:28,000  
胸满瘀血，相应的政治  
  
11  
00:00:28,160 --> 00:00:31,880  
他在原文的第16篇啊，第16篇  
  
12  
00:00:32,910 --> 00:00:33,950  
我们看一下条文  
  
13  
00:00:35,120 --> 00:00:36,480  
那么条文呢  
  
14  
00:00:36,640 --> 00:00:38,920  
首先第一条说这么一句话  
  
15  
00:00:39,760 --> 00:00:42,760  
寸口脉，动而弱啊  
  
16  
00:00:43,380 --> 00:00:47,740  
那么这个所谓的动而弱是什么概念呢  
  
17  
00:00:48,810 --> 00:00:51,980  
这块儿是一个尖脉啊  
  
18  
00:00:52,060 --> 00:00:53,980  
一个动兼弱的脉  
  
19  
00:00:54,620 --> 00:00:57,260  
这个手法是仲景先师经常用的啊  
  
20  
00:00:57,260 --> 00:00:59,140  
他经常是两个肩脉一起讲  
  
21  
00:00:59,220 --> 00:01:00,060  
讲一个并机  
  
22  
00:01:00,810 --> 00:01:02,890  
呃，后头一定是有解释  
  
23  
00:01:03,530 --> 00:01:05,770  
动为惊，弱为忌  
  
24  
00:01:05,850 --> 00:01:07,250  
惊和忌是两个症状  
  
25  
00:01:08,330 --> 00:01:09,130  
经是什么呀  
  
26  
00:01:09,730 --> 00:01:13,700  
那么就是我们讲的呃惊恐的意思，对吧  
  
27  
00:01:14,060 --> 00:01:15,500  
这人吓了一跳啊  
  
28  
00:01:15,500 --> 00:01:17,220  
他是受惊的意思啊  
  
29  
00:01:17,980 --> 00:01:19,660  
呃，纪呢  
  
30  
00:01:19,700 --> 00:01:21,460  
就是新纪啊  
  
31  
00:01:21,540 --> 00:01:24,260  
心慌心悸，偏相对来说啊  
  
32  
00:01:24,660 --> 00:01:27,220  
那么经，我认为它是偏于实的  
  
33  
00:01:27,460 --> 00:01:28,700  
而忌呢，偏于虚  
  
34  
00:01:29,400 --> 00:01:31,760  
呃这一段其实我们看似呢  
  
35  
00:01:31,800 --> 00:01:36,150  
它讲的是一个人的神智类的问题，对不对  
  
36  
00:01:36,670 --> 00:01:36,870  
哎  
  
37  
00:01:36,870 --> 00:01:42,140  
但这个跟人血液的疾病有啥关系呢  
  
38  
00:01:42,980 --> 00:01:43,180  
呃  
  
39  
00:01:43,260 --> 00:01:47,900  
其实还真有关，仲景先师不会讲一个完全不着边儿的事  
  
40  
00:01:47,900 --> 00:01:48,970  
儿啊  
  
41  
00:01:49,090 --> 00:01:50,290  
它是一定是有联系的  
  
42  
00:01:50,290 --> 00:01:53,010  
而且它放在第一条一定说明有用  
  
43  
00:01:53,650 --> 00:01:54,690  
呃，有啥用呢  
  
44  
00:01:55,130 --> 00:01:57,690  
在这我先四个字给大家  
  
45  
00:01:57,690 --> 00:02:01,130  
稍稍点一下，你就记住心主血脉  
  
46  
00:02:01,970 --> 00:02:05,610  
那么我们后面会用反复的条文来诠释这句话  
  
47  
00:02:05,930 --> 00:02:09,889  
以及所有的政治来去帮助大家  
  
48  
00:02:11,009 --> 00:02:12,490  
心部主血脉的时候  
  
49  
00:02:12,490 --> 00:02:14,210  
咱们怎么能让心主血脉啊  
  
50  
00:02:14,210 --> 00:02:19,720  
那么这个就是他的贯穿始末的一个点睛的一句话啊  
  
51  
00:02:19,760 --> 00:02:20,800  
寸口脉，动而弱  
  
52  
00:02:21,770 --> 00:02:25,210  
当然了，在这我们要解释一下动是啥意思呢  
  
53  
00:02:25,810 --> 00:02:26,050  
呃  
  
54  
00:02:26,090 --> 00:02:27,810  
我们很多人张口就来，对吧  
  
55  
00:02:28,010 --> 00:02:30,600  
动脉去观上啊  
  
56  
00:02:30,640 --> 00:02:32,080  
无头尾决，绝然动摇  
  
57  
00:02:32,440 --> 00:02:34,800  
当然，我们知道麦经的这个论述呢  
  
58  
00:02:34,800 --> 00:02:37,280  
其实来自于伤寒论的变卖法  
  
59  
00:02:37,970 --> 00:02:39,450  
变脉法之中有原文  
  
60  
00:02:40,370 --> 00:02:44,570  
原文这么说，阴阳相搏名曰动啊  
  
61  
00:02:45,430 --> 00:02:46,230  
注意一个事  
  
62  
00:02:46,630 --> 00:02:47,230  
薄和团  
  
63  
00:02:47,670 --> 00:02:49,230  
我在这说过有区别，对吧  
  
64  
00:02:50,110 --> 00:02:50,310  
呃  
  
65  
00:02:50,430 --> 00:02:52,670  
那么团气至柔，能婴儿乎的团  
  
66  
00:02:53,280 --> 00:02:53,480  
呃  
  
67  
00:02:53,560 --> 00:02:55,800  
咱们之前解释过，他跟博长得很像  
  
68  
00:02:55,800 --> 00:03:00,040  
所以古人有的地方就就雕板的时候用一个呃  
  
69  
00:03:00,120 --> 00:03:01,720  
但是意思完全不同啊  
  
70  
00:03:02,790 --> 00:03:03,710  
团是什么意思  
  
71  
00:03:05,100 --> 00:03:07,620  
阴阳之气相交汇，对吧  
  
72  
00:03:08,100 --> 00:03:08,300  
哎  
  
73  
00:03:08,700 --> 00:03:11,940  
相抱之意，那么称为团相搏是啥呀  
  
74  
00:03:12,500 --> 00:03:13,620  
搏，就是打架  
  
75  
00:03:14,620 --> 00:03:14,820  
哎  
  
76  
00:03:15,100 --> 00:03:17,300  
阴阳之间相激荡，名曰博  
  
77  
00:03:18,060 --> 00:03:20,220  
那么阴阳之间相激荡  
  
78  
00:03:21,090 --> 00:03:23,570  
他为啥居于冠上无头尾呢  
  
79  
00:03:23,850 --> 00:03:25,850  
咱们说动脉的这种形象，对吧  
  
80  
00:03:25,850 --> 00:03:28,770  
他像个豆似的在关上，呃  
  
81  
00:03:28,930 --> 00:03:29,770  
尺和寸呢  
  
82  
00:03:29,810 --> 00:03:31,170  
一下就沉下去了啊  
  
83  
00:03:31,170 --> 00:03:32,520  
比较弱啊  
  
84  
00:03:32,720 --> 00:03:35,320  
那么相对只是把冠脉显出来了  
  
85  
00:03:35,720 --> 00:03:37,640  
那为什么是这样  
  
86  
00:03:38,800 --> 00:03:41,200  
咱们讲原因  
  
87  
00:03:41,800 --> 00:03:46,160  
阴和阳之间相搏，我们说从寸关尺三部立论  
  
88  
00:03:46,830 --> 00:03:47,510  
寸脉呢  
  
89  
00:03:48,110 --> 00:03:49,510  
主阳，尺脉主阴  
  
90  
00:03:50,150 --> 00:03:52,430  
那么寸脉就可以合于天气  
  
91  
00:03:53,340 --> 00:03:53,980  
尺脉呢  
  
92  
00:03:53,980 --> 00:03:54,740  
合于地气  
  
93  
00:03:55,260 --> 00:03:56,780  
而冠脉也就是人部  
  
94  
00:03:57,060 --> 00:04:00,900  
是什么天地气交之地啊  
  
95  
00:04:01,020 --> 00:04:02,980  
那么从这个道理上来讲  
  
96  
00:04:03,260 --> 00:04:05,260  
阴阳相搏一定是搏在哪啊  
  
97  
00:04:05,300 --> 00:04:07,020  
它不薄在寸，也不薄在尺  
  
98  
00:04:07,100 --> 00:04:08,140  
正常情况下啊  
  
99  
00:04:08,260 --> 00:04:09,340  
我说的是常态  
  
100  
00:04:09,680 --> 00:04:10,960  
他不在寸也不在尺  
  
101  
00:04:10,960 --> 00:04:12,750  
儿在哪，儿在关啊  
  
102  
00:04:12,830 --> 00:04:15,550  
因此动脉陷于冠，而不是动脉陷于寸  
  
103  
00:04:15,830 --> 00:04:16,829  
这个大家明白了吧  
  
104  
00:04:16,870 --> 00:04:18,470  
或限于尺都都不是啊  
  
105  
00:04:18,890 --> 00:04:21,450  
就像两个国家打架你你想想就明白了  
  
106  
00:04:21,690 --> 00:04:25,770  
那么一开始冲突的时候一定是在两个国家什么地方啊  
  
107  
00:04:26,040 --> 00:04:28,480  
那不可能一下就在首都打下来了，对不对  
  
108  
00:04:28,480 --> 00:04:30,720  
那种案例可能也有，但是极少  
  
109  
00:04:31,060 --> 00:04:33,060  
两个正常国家之间发动战争  
  
110  
00:04:33,060 --> 00:04:36,030  
一定是在两个国家比较交界的地方  
  
111  
00:04:36,030 --> 00:04:37,630  
或者有争议的地方，对不对啊  
  
112  
00:04:37,790 --> 00:04:39,030  
那么就是阴阳相搏  
  
113  
00:04:39,550 --> 00:04:42,460  
所以说阴和阳，寸和尺相搏  
  
114  
00:04:42,860 --> 00:04:45,100  
阴阳相搏，那就在象数上啊  
  
115  
00:04:45,100 --> 00:04:46,780  
在脉象上就是寸尺相搏嘛  
  
116  
00:04:46,980 --> 00:04:48,970  
那么一定博于观没错吧  
  
117  
00:04:49,010 --> 00:04:52,580  
寸和尺打架了，那他们打架是什么造成的呢  
  
118  
00:04:53,020 --> 00:04:53,220  
呃  
  
119  
00:04:53,420 --> 00:04:55,820  
变卖法里头还有一句话，他告诉你  
  
120  
00:04:56,100 --> 00:04:57,420  
阳动则汗出  
  
121  
00:04:57,820 --> 00:04:58,860  
阴动则发热  
  
122  
00:04:59,440 --> 00:04:59,640  
呃  
  
123  
00:05:00,120 --> 00:05:04,080  
行恶寒者，那么叫三焦商业啊  
  
124  
00:05:04,080 --> 00:05:05,600  
他因为三焦受损  
  
125  
00:05:06,200 --> 00:05:09,580  
呃，三焦的气机流转出现了问题  
  
126  
00:05:10,100 --> 00:05:11,140  
那么造成这个问题  
  
127  
00:05:11,500 --> 00:05:13,610  
总之就是阴阳相搏啊  
  
128  
00:05:13,690 --> 00:05:15,530  
那么在这我们这句话先放在这  
  
129  
00:05:15,730 --> 00:05:18,570  
大家就知道呃血症的出现  
  
130  
00:05:18,920 --> 00:05:22,600  
那么往往是因为阴阳之间气化出现了问题  
  
131  
00:05:23,320 --> 00:05:25,400  
心不能主血脉，那么造成  
  
132  
00:05:26,680 --> 00:05:30,560  
呃，接着往后第二条啊  
  
133  
00:05:32,750 --> 00:05:33,150  
诗曰  
  
134  
00:05:35,110 --> 00:05:35,870  
尺脉浮  
  
135  
00:05:37,010 --> 00:05:38,490  
目经晕黄  
  
136  
00:05:39,650 --> 00:05:40,410  
虑未止  
  
137  
00:05:41,570 --> 00:05:42,490  
晕黄去  
  
138  
00:05:43,530 --> 00:05:47,040  
目镜会了，织女禁止  
  
139  
00:05:47,880 --> 00:05:49,200  
这段话啥意思呢  
  
140  
00:05:50,370 --> 00:05:50,930  
告诉你  
  
141  
00:05:51,090 --> 00:05:53,370  
病人寸关尺，三部  
  
142  
00:05:54,490 --> 00:05:56,250  
尺脉见浮相  
  
143  
00:05:57,420 --> 00:06:00,500  
呃尺脉见浮相，代表啥呢  
  
144  
00:06:00,500 --> 00:06:04,140  
我们都知道呃尺脉主肾啊，是不是  
  
145  
00:06:04,180 --> 00:06:07,600  
那呃也主里那么福呢  
  
146  
00:06:07,800 --> 00:06:10,720  
则为在表，从这个地方呢  
  
147  
00:06:10,720 --> 00:06:11,880  
我们推知  
  
148  
00:06:13,090 --> 00:06:13,290  
呃  
  
149  
00:06:13,850 --> 00:06:18,630  
也借鉴全文上下的这个这个文气啊  
  
150  
00:06:19,150 --> 00:06:23,430  
那么咱们能知道这个位置讲的其实就是肾脉不能收藏  
  
151  
00:06:24,560 --> 00:06:25,400  
肾脉不藏了  
  
152  
00:06:25,960 --> 00:06:27,040  
肾脉不藏了之后  
  
153  
00:06:27,920 --> 00:06:29,960  
那么他又出现了一个现象  
  
154  
00:06:31,000 --> 00:06:32,360  
目经晕黄  
  
155  
00:06:34,320 --> 00:06:36,920  
那么这个呃，眼睛啊  
  
156  
00:06:37,720 --> 00:06:38,240  
发黄  
  
157  
00:06:39,700 --> 00:06:41,220  
那眼睛为啥发黄呢  
  
158  
00:06:42,300 --> 00:06:46,450  
呃，咱们看一下灵枢经脉篇  
  
159  
00:06:48,150 --> 00:06:51,350  
膀胱足太阳之脉，它的特点啊  
  
160  
00:06:52,110 --> 00:06:55,970  
视动病赤动则病冲头痛  
  
161  
00:06:56,170 --> 00:06:57,010  
目四脱他  
  
162  
00:06:57,010 --> 00:06:59,420  
首先，太阳膀胱经发动  
  
163  
00:06:59,740 --> 00:07:00,980  
由于肾脉啊  
  
164  
00:07:01,260 --> 00:07:02,020  
不能封藏  
  
165  
00:07:02,800 --> 00:07:04,560  
那么肾为脏，膀胱为腑嘛  
  
166  
00:07:05,000 --> 00:07:07,720  
气机上举，那么一定是往头上顶  
  
167  
00:07:08,380 --> 00:07:08,580  
呃  
  
168  
00:07:08,940 --> 00:07:11,460  
这个在咱们讲伤寒论的时候给大家说过  
  
169  
00:07:11,740 --> 00:07:14,420  
那么太阳之为病脉浮对不对啊  
  
170  
00:07:14,920 --> 00:07:16,120  
头像相通啊  
  
171  
00:07:16,120 --> 00:07:17,200  
那为啥头像相同  
  
172  
00:07:17,200 --> 00:07:19,160  
因为太阳经就这么走  
  
173  
00:07:20,650 --> 00:07:21,970  
事主金所生病者  
  
174  
00:07:22,130 --> 00:07:26,450  
那么后头有论述告诉你叫目黄泪出啊  
  
175  
00:07:26,450 --> 00:07:27,970  
那么眼睛发黄啊  
  
176  
00:07:32,330 --> 00:07:34,730  
当然这个跟我们之前说那个黄疸啊  
  
177  
00:07:35,530 --> 00:07:39,320  
它还不完全是一回事啊，氯位置  
  
178  
00:07:39,600 --> 00:07:44,520  
那么告诉你，你怎么能够判断人的这个滤血的转归  
  
179  
00:07:44,680 --> 00:07:46,160  
其实这句话讲的就是这个啊  
  
180  
00:07:46,600 --> 00:07:48,520  
那么你一摸尺脉浮起来了  
  
181  
00:07:48,680 --> 00:07:49,880  
眼睛一看发黄  
  
182  
00:07:50,870 --> 00:07:52,550  
那么说明这个虐雪还没停  
  
183  
00:07:53,190 --> 00:08:00,760  
证明虐雪的这个发动跟肾气是否能封藏有关  
  
184  
00:08:02,630 --> 00:08:04,070  
到这大家捋出来了没有  
  
185  
00:08:04,870 --> 00:08:06,270  
那么由此来说  
  
186  
00:08:06,430 --> 00:08:10,710  
我突然之间给大家举一个以前的例子啊  
  
187  
00:08:10,710 --> 00:08:13,200  
咱们之前讲过一个一个事  
  
188  
00:08:13,200 --> 00:08:14,080  
讲奔腾的时候  
  
189  
00:08:14,360 --> 00:08:15,920  
我们说，病有奔腾  
  
190  
00:08:16,560 --> 00:08:17,160  
有兔农  
  
191  
00:08:17,280 --> 00:08:18,760  
有经部，有火邪  
  
192  
00:08:19,320 --> 00:08:23,460  
此四部病皆从什么经发得志，大家还记不记得  
  
193  
00:08:24,060 --> 00:08:24,340  
诶  
  
194  
00:08:24,890 --> 00:08:26,970  
那么这块是连贯的啊  
  
195  
00:08:27,370 --> 00:08:28,530  
这块是连贯的  
  
196  
00:08:29,210 --> 00:08:32,130  
那么这四步并经发得知  
  
197  
00:08:32,250 --> 00:08:33,929  
我之前给大家讲过啊  
  
198  
00:08:33,929 --> 00:08:34,929  
在这不赘述了  
  
199  
00:08:35,450 --> 00:08:36,970  
由于恐则伤肾  
  
200  
00:08:37,090 --> 00:08:39,340  
是不是肾气施于封藏  
  
201  
00:08:39,740 --> 00:08:40,700  
那么冲脉呢  
  
202  
00:08:40,700 --> 00:08:43,380  
不能下降，冲脉向上冲逆  
  
203  
00:08:44,210 --> 00:08:45,770  
那么就会造成很多病  
  
204  
00:08:45,850 --> 00:08:46,810  
比如说，啊  
  
205  
00:08:47,050 --> 00:08:50,040  
我们刚才讲的奔豚是不是吐脓啊  
  
206  
00:08:50,040 --> 00:08:53,160  
一会我，我可能还涉及到跟农政相关的事啊  
  
207  
00:08:53,720 --> 00:08:53,960  
呃  
  
208  
00:08:54,840 --> 00:08:56,670  
这个经部啊  
  
209  
00:08:56,910 --> 00:08:58,710  
惊悸和恐怖之意，对不对啊  
  
210  
00:08:58,710 --> 00:08:59,310  
那么惊恐  
  
211  
00:08:59,350 --> 00:09:01,990  
刚才咱们讲那个呃，脉动而弱嘛  
  
212  
00:09:02,270 --> 00:09:02,470  
哎  
  
213  
00:09:02,470 --> 00:09:03,110  
动则为惊  
  
214  
00:09:03,230 --> 00:09:03,870  
弱则为寂  
  
215  
00:09:03,910 --> 00:09:05,930  
就是这这一类，包括火邪  
  
216  
00:09:06,050 --> 00:09:07,970  
咱们今天也会一会会说到  
  
217  
00:09:08,370 --> 00:09:10,330  
都是由于肾气不能封藏  
  
218  
00:09:10,450 --> 00:09:11,530  
冲脉不能下降  
  
219  
00:09:12,180 --> 00:09:14,180  
那么造成这么一个问题  
  
220  
00:09:14,640 --> 00:09:18,560  
那么怎么能够判断他的肾气不能下下降  
  
221  
00:09:18,920 --> 00:09:22,990  
你一摸脉尺脉沉不下去，一看眼珠是吧  
  
222  
00:09:23,670 --> 00:09:26,500  
不清澈眼白不清澈，浑浊  
  
223  
00:09:26,940 --> 00:09:27,740  
他那个讲啊  
  
224  
00:09:27,940 --> 00:09:32,620  
木经晕黄，他为啥要用一个晕字晕指的是不清楚的意思  
  
225  
00:09:33,500 --> 00:09:37,990  
哎，这个黄就是就是我们讲的那个眼眼白啊  
  
226  
00:09:37,990 --> 00:09:39,110  
不清楚对不对啊  
  
227  
00:09:39,310 --> 00:09:40,110  
那为啥这样  
  
228  
00:09:40,110 --> 00:09:41,390  
因为气机上逆了啊  
  
229  
00:09:41,550 --> 00:09:43,860  
往上走了，就这样了  
  
230  
00:09:44,380 --> 00:09:47,100  
那么怎么证明它是好的方向走呢  
  
231  
00:09:47,980 --> 00:09:51,100  
反之，晕黄去目精会了  
  
232  
00:09:51,900 --> 00:09:53,780  
哎，那么这个呃  
  
233  
00:09:53,940 --> 00:09:55,180  
你看那个眼睛上啊  
  
234  
00:09:55,180 --> 00:09:55,940  
干干净净  
  
235  
00:09:57,740 --> 00:09:58,260  
是不是啊  
  
236  
00:09:58,700 --> 00:10:00,780  
那么反之，目精会了啊  
  
237  
00:10:00,780 --> 00:10:02,020  
我们从这个上头推知  
  
238  
00:10:02,550 --> 00:10:04,630  
那么也包含了患者的主观感受  
  
239  
00:10:04,870 --> 00:10:06,910  
他觉得眼睛呢，看东西清楚了  
  
240  
00:10:07,470 --> 00:10:08,590  
那么我们知道啊  
  
241  
00:10:08,870 --> 00:10:10,830  
临床上很多比如说高血压的患者  
  
242  
00:10:11,310 --> 00:10:13,630  
他在发病的时候血血压上逆  
  
243  
00:10:13,630 --> 00:10:15,670  
是不是你测血压比较高  
  
244  
00:10:15,910 --> 00:10:17,790  
那么他也会头晕啊  
  
245  
00:10:17,830 --> 00:10:19,190  
那个时候看东西不清楚  
  
246  
00:10:20,020 --> 00:10:24,260  
那么相反，我们说眼眼睛那个黄色退下去了  
  
247  
00:10:24,860 --> 00:10:26,900  
然后呢，眼睛看东西也清澈了  
  
248  
00:10:27,420 --> 00:10:28,620  
那么就知道什么呀  
  
249  
00:10:29,230 --> 00:10:30,230  
哎，这个时候哎  
  
250  
00:10:30,230 --> 00:10:31,430  
血压是不是也下来了  
  
251  
00:10:31,710 --> 00:10:33,110  
那么所以说中西医啊  
  
252  
00:10:33,110 --> 00:10:36,230  
有些东西可以，我们说不一定是一个  
  
253  
00:10:36,230 --> 00:10:37,630  
但是可以类比啊  
  
254  
00:10:39,000 --> 00:10:39,880  
知氯禁止  
  
255  
00:10:39,920 --> 00:10:43,440  
那么你就知道这个时候他的滤血呢，就停了  
  
256  
00:10:44,440 --> 00:10:44,760  
呃  
  
257  
00:10:45,770 --> 00:10:48,050  
所以我我在这儿说一个有意思的事啊  
  
258  
00:10:48,050 --> 00:10:50,930  
有很多高血压的患者，他也会出现鼻血  
  
259  
00:10:53,080 --> 00:10:55,560  
你想想啊，这个我不是说他俩是类同啊  
  
260  
00:10:55,840 --> 00:10:59,520  
我说有的人一过性的那个高血压或者突然的血压升高  
  
261  
00:10:59,840 --> 00:11:00,920  
它也会造成鼻血  
  
262  
00:11:01,160 --> 00:11:02,560  
当然这个鼻血不是坏事  
  
263  
00:11:02,780 --> 00:11:06,060  
我个人认为啊，他属于压力怎么样释放出来了啊  
  
264  
00:11:06,770 --> 00:11:07,690  
呃，不是坏事  
  
265  
00:11:07,810 --> 00:11:10,690  
但我们在这讲的不是说怎么治疗鼻血的问题  
  
266  
00:11:10,690 --> 00:11:12,950  
而是通过这个我们来  
  
267  
00:11:13,110 --> 00:11:17,710  
回归到那个我一开始讲的寸口寸脉啊  
  
268  
00:11:19,340 --> 00:11:21,820  
动而弱，讲这个问题就是阴阳相搏  
  
269  
00:11:22,180 --> 00:11:26,180  
你细琢磨血症，它反反复复讲的就是一个阴阳相搏  
  
270  
00:11:27,770 --> 00:11:28,090  
对吧  
  
271  
00:11:29,050 --> 00:11:30,930  
呃，阴和阳他俩在打架  
  
272  
00:11:32,630 --> 00:11:34,470  
契机怎么往上拱对吧  
  
273  
00:11:34,870 --> 00:11:35,070  
哎  
  
274  
00:11:35,070 --> 00:11:36,990  
上头的气机怎么能下来啊  
  
275  
00:11:36,990 --> 00:11:38,350  
就就讲这么一个问题  
  
276  
00:11:40,760 --> 00:11:43,640  
那么后头讲了一句话  
  
277  
00:11:44,640 --> 00:11:45,120  
又曰  
  
278  
00:11:46,180 --> 00:11:49,580  
从春至夏律者，太阳  
  
279  
00:11:50,740 --> 00:11:53,940  
从秋至冬绿者，什么呢  
  
280  
00:11:55,250 --> 00:11:55,610  
杨明  
  
281  
00:11:56,490 --> 00:11:57,290  
哎，杨明  
  
282  
00:11:58,780 --> 00:12:00,580  
那么这块就有点意思啊  
  
283  
00:12:01,300 --> 00:12:03,910  
从春天到夏天  
  
284  
00:12:04,990 --> 00:12:05,390  
是吧  
  
285  
00:12:05,790 --> 00:12:07,670  
那么其实啊，呃  
  
286  
00:12:08,350 --> 00:12:10,510  
我我我个人认为啊  
  
287  
00:12:12,190 --> 00:12:12,390  
呃  
  
288  
00:12:12,470 --> 00:12:14,230  
那么就是把一年呀  
  
289  
00:12:14,950 --> 00:12:16,710  
按照四季劈两半  
  
290  
00:12:17,590 --> 00:12:18,750  
那么春夏为阳  
  
291  
00:12:20,110 --> 00:12:20,790  
秋冬为阴  
  
292  
00:12:21,550 --> 00:12:22,830  
呃，内经原话  
  
293  
00:12:24,190 --> 00:12:24,990  
春夏养阳  
  
294  
00:12:25,070 --> 00:12:26,550  
秋冬养阴嘛，是不是  
  
295  
00:12:27,070 --> 00:12:28,870  
哎，那么这个呃  
  
296  
00:12:31,080 --> 00:12:32,000  
就这么个道理  
  
297  
00:12:32,900 --> 00:12:35,140  
呃，那么但是他说了两个经  
  
298  
00:12:35,780 --> 00:12:36,940  
从春至夏呢  
  
299  
00:12:37,460 --> 00:12:40,700  
女血，它的病机往往与谁相关啊  
  
300  
00:12:41,320 --> 00:12:43,680  
于太阳，从秋至冬  
  
301  
00:12:44,930 --> 00:12:47,970  
绿血，他的病机往往呢是跟阳明相关  
  
302  
00:12:49,290 --> 00:12:54,210  
刚才咱们讲了太阳足膀胱之脉啊，是吧  
  
303  
00:12:54,850 --> 00:12:56,570  
这个这个膀胱足太阳之脉啊  
  
304  
00:12:57,130 --> 00:12:57,810  
讲了这个  
  
305  
00:12:58,670 --> 00:13:01,390  
那么同样呢，大肠手阳明之脉啊  
  
306  
00:13:02,230 --> 00:13:04,430  
那么它也会有一样的类比  
  
307  
00:13:04,910 --> 00:13:05,110  
呃  
  
308  
00:13:05,190 --> 00:13:10,130  
事主津液所生病者目黄口干，求女猴币  
  
309  
00:13:10,170 --> 00:13:11,930  
你看全是往上来的  
  
310  
00:13:11,930 --> 00:13:13,970  
他速降不了啊  
  
311  
00:13:16,030 --> 00:13:18,830  
那么一个是上升的阳啊  
  
312  
00:13:18,830 --> 00:13:19,550  
我们讲太阳  
  
313  
00:13:19,590 --> 00:13:21,150  
一个是下降的阳，是谁啊  
  
314  
00:13:22,230 --> 00:13:22,990  
呃，阳明  
  
315  
00:13:26,320 --> 00:13:26,720  
往下  
  
316  
00:13:28,280 --> 00:13:31,440  
呃，虐加不可憾啊  
  
317  
00:13:32,340 --> 00:13:33,260  
虐加不可汗  
  
318  
00:13:33,300 --> 00:13:36,940  
他这个这句话其实我们一看，大家大家都熟  
  
319  
00:13:37,460 --> 00:13:38,380  
从哪来的啊  
  
320  
00:13:39,280 --> 00:13:39,920  
伤寒论嘛  
  
321  
00:13:39,960 --> 00:13:40,280  
对吧  
  
322  
00:13:40,520 --> 00:13:41,680  
伤寒论有原话呀  
  
323  
00:13:42,560 --> 00:13:42,840  
呃  
  
324  
00:13:43,700 --> 00:13:45,340  
那么为啥虐加不可汗  
  
325  
00:13:45,940 --> 00:13:47,580  
我们讲汗血同源啊  
  
326  
00:13:48,180 --> 00:13:50,540  
这个虐加指的不是说我这个人啊  
  
327  
00:13:50,580 --> 00:13:51,900  
突然之间流了鼻血  
  
328  
00:13:52,340 --> 00:13:53,420  
他指的是什么呀  
  
329  
00:13:53,740 --> 00:13:57,060  
就这个人素来就是他就总这样  
  
330  
00:13:57,440 --> 00:13:59,000  
哎，这我一说大家能明白了吧  
  
331  
00:13:59,360 --> 00:14:01,200  
就是动不动一激动就出鼻血  
  
332  
00:14:01,560 --> 00:14:02,840  
有没有这样的人太多了  
  
333  
00:14:02,840 --> 00:14:04,400  
你比如说血液病对不对  
  
334  
00:14:04,800 --> 00:14:07,290  
包括呃，从现代临床上来说  
  
335  
00:14:07,330 --> 00:14:09,970  
血小板很很很虚弱的人  
  
336  
00:14:10,250 --> 00:14:11,730  
当然血小板为啥虚弱  
  
337  
00:14:11,730 --> 00:14:12,810  
我们作为中医啊  
  
338  
00:14:12,810 --> 00:14:14,690  
我们还得聊我们中医的事  
  
339  
00:14:14,690 --> 00:14:17,130  
所谓脾国血统五脏啊  
  
340  
00:14:17,170 --> 00:14:19,800  
那么这个你本身脾就虚  
  
341  
00:14:20,280 --> 00:14:22,240  
它不能够同血，对不对  
  
342  
00:14:22,240 --> 00:14:22,880  
这样的人  
  
343  
00:14:22,920 --> 00:14:26,000  
那么你你在发汗的时候是不是就得注意啊  
  
344  
00:14:26,600 --> 00:14:28,600  
它很虚，你就不能随便刺激它  
  
345  
00:14:28,760 --> 00:14:29,800  
是不是这个理儿  
  
346  
00:14:32,740 --> 00:14:34,220  
那么这个时候不可发汗  
  
347  
00:14:34,260 --> 00:14:35,500  
发汗会出现问题  
  
348  
00:14:35,500 --> 00:14:36,580  
出现啥问题呢  
  
349  
00:14:37,690 --> 00:14:40,450  
汗出必额上限，麦急紧执事不能顺  
  
350  
00:14:41,210 --> 00:14:45,770  
呃不得眠这句话在原文之中，出自于麻黄汤  
  
351  
00:14:45,770 --> 00:14:48,410  
尽力归那个那个太阳太阳病啊  
  
352  
00:14:48,410 --> 00:14:49,690  
上论太阳病部分，对吧  
  
353  
00:14:50,390 --> 00:14:54,190  
呃，我给大家解释过这个关于额上限是啥意思呢  
  
354  
00:14:54,190 --> 00:14:56,370  
就是说一个本身虚的人  
  
355  
00:14:56,370 --> 00:14:57,410  
你就不能再发汗了  
  
356  
00:14:57,410 --> 00:14:58,290  
一发汗的话，额  
  
357  
00:14:58,290 --> 00:14:59,810  
上下陷额  
  
358  
00:15:00,090 --> 00:15:02,250  
很多医家认为是头屑  
  
359  
00:15:03,900 --> 00:15:06,950  
这个是多数论点，认为是头屑  
  
360  
00:15:07,190 --> 00:15:08,350  
但是我在临床上啊  
  
361  
00:15:08,350 --> 00:15:09,910  
我观察到一个很好玩的事  
  
362  
00:15:09,910 --> 00:15:12,110  
这个给大家作为参考啊  
  
363  
00:15:12,350 --> 00:15:13,510  
它不一定是对的  
  
364  
00:15:14,110 --> 00:15:14,310  
呃  
  
365  
00:15:14,510 --> 00:15:15,630  
大家看内经啊  
  
366  
00:15:15,630 --> 00:15:16,630  
内经三部九侯论  
  
367  
00:15:16,630 --> 00:15:19,740  
其中有一段说，这个邵阳以喉哪呢  
  
368  
00:15:19,740 --> 00:15:20,740  
叫头角之气  
  
369  
00:15:20,780 --> 00:15:21,300  
还记得吧  
  
370  
00:15:21,500 --> 00:15:22,420  
是不是有这句话呀  
  
371  
00:15:22,780 --> 00:15:24,140  
那头角之气在哪啊  
  
372  
00:15:24,740 --> 00:15:28,250  
你，你那个就是这人  
  
373  
00:15:28,690 --> 00:15:30,010  
我们看一些神话啊  
  
374  
00:15:30,710 --> 00:15:35,150  
这个比如说我们小时候看那个111个电视节目，叫小龙人儿  
  
375  
00:15:35,190 --> 00:15:35,670  
知道吗  
  
376  
00:15:36,150 --> 00:15:37,470  
唉，他那个长俩犄角  
  
377  
00:15:38,010 --> 00:15:39,010  
哎，这个当然了  
  
378  
00:15:39,010 --> 00:15:41,410  
我们说神话呢，也都不是空穴来风啊  
  
379  
00:15:41,410 --> 00:15:45,450  
它都源于一些古人的美好想象和一些传奇的记载  
  
380  
00:15:45,730 --> 00:15:48,250  
那么相传伏羲氏就是有犄角的是吧  
  
381  
00:15:48,250 --> 00:15:49,810  
这个你看一下古代文献啊  
  
382  
00:15:50,160 --> 00:15:51,840  
那么他这个犄角长在哪呢  
  
383  
00:15:52,080 --> 00:15:53,120  
其实我这一说啊  
  
384  
00:15:53,120 --> 00:15:57,250  
我这大家可能那个我们取类比象啊  
  
385  
00:15:57,530 --> 00:15:58,530  
其实我们在座的人  
  
386  
00:15:58,610 --> 00:16:01,640  
有的人你你你你也是有犄角的啊  
  
387  
00:16:01,640 --> 00:16:02,680  
只是你自己看不出来  
  
388  
00:16:02,680 --> 00:16:04,080  
我一看我就能看出来啊  
  
389  
00:16:04,080 --> 00:16:05,720  
不长那儿啊，那个  
  
390  
00:16:06,880 --> 00:16:07,160  
嗯  
  
391  
00:16:08,420 --> 00:16:10,900  
长在这两个位置，我一比划你就知道了  
  
392  
00:16:11,100 --> 00:16:12,860  
就这个额头两侧  
  
393  
00:16:13,500 --> 00:16:17,260  
阳明和邵阳交界的这个位置的缝鼓鼓鼓包  
  
394  
00:16:17,580 --> 00:16:18,420  
这个你看见了吧  
  
395  
00:16:18,420 --> 00:16:20,590  
在额头上，对不对  
  
396  
00:16:21,040 --> 00:16:22,120  
呃，有的人啊  
  
397  
00:16:22,360 --> 00:16:25,360  
先天禀赋充盛这块就鼓了两个包  
  
398  
00:16:25,800 --> 00:16:27,080  
就像两个犄角一样  
  
399  
00:16:27,080 --> 00:16:28,200  
这个叫头角之气  
  
400  
00:16:28,280 --> 00:16:29,280  
他以喉少阳  
  
401  
00:16:30,110 --> 00:16:31,270  
这是内经里就讲的  
  
402  
00:16:31,270 --> 00:16:33,030  
他不是什么封建迷信，对吧  
  
403  
00:16:33,670 --> 00:16:36,590  
这是人体先天的那个阳气充盛的表现  
  
404  
00:16:36,790 --> 00:16:37,950  
但是也有反之  
  
405  
00:16:38,930 --> 00:16:39,490  
反之呢  
  
406  
00:16:39,490 --> 00:16:41,970  
有的人这块啊，下陷看见了没有  
  
407  
00:16:42,570 --> 00:16:46,530  
就是阳明这个前额头跟太阳穴交界这个位置对不对  
  
408  
00:16:47,320 --> 00:16:49,480  
陷下去了两条缝，从上到下  
  
409  
00:16:50,280 --> 00:16:51,640  
这样的人你问他吧  
  
410  
00:16:52,570 --> 00:16:57,090  
90%以上脑供血不足90%以上头痛  
  
411  
00:16:57,880 --> 00:16:59,440  
还有不头痛的更麻烦啊  
  
412  
00:16:59,440 --> 00:17:00,680  
他习惯了明白了吧  
  
413  
00:17:01,160 --> 00:17:02,000  
更麻烦啊  
  
414  
00:17:02,490 --> 00:17:03,850  
那么90%以上头痛  
  
415  
00:17:04,010 --> 00:17:05,130  
那么额，上限啊  
  
416  
00:17:05,130 --> 00:17:06,569  
这个我们在临床上观察很多  
  
417  
00:17:06,930 --> 00:17:11,020  
一旦说这个人血液和津液空了  
  
418  
00:17:11,220 --> 00:17:12,579  
空了之后这块就往下陷  
  
419  
00:17:12,980 --> 00:17:15,250  
什么道理，非常简单  
  
420  
00:17:15,290 --> 00:17:18,210  
就好像说地下水或者石油空了之后  
  
421  
00:17:18,250 --> 00:17:19,609  
地地表是不是下沉啊  
  
422  
00:17:20,050 --> 00:17:20,930  
一个道理啊  
  
423  
00:17:20,930 --> 00:17:25,069  
这个没什么玄幻或者是封建迷信的东西，非常简单  
  
424  
00:17:25,349 --> 00:17:27,190  
百姓日用而不知啊  
  
425  
00:17:27,650 --> 00:17:29,730  
那么这个就是告诉你  
  
426  
00:17:29,810 --> 00:17:31,490  
血亏的人不能再发汗了  
  
427  
00:17:31,490 --> 00:17:32,730  
再发汗它就塌了  
  
428  
00:17:33,370 --> 00:17:34,290  
这大家明白了吧  
  
429  
00:17:34,810 --> 00:17:35,090  
哎  
  
430  
00:17:36,140 --> 00:17:38,340  
那磨上限，同时呢  
  
431  
00:17:38,380 --> 00:17:38,980  
你一摸脉  
  
432  
00:17:39,140 --> 00:17:40,700  
由于你强行发汗  
  
433  
00:17:41,140 --> 00:17:42,020  
造成这个人啊  
  
434  
00:17:42,020 --> 00:17:44,790  
阴阳更加的相搏，是不是啊  
  
435  
00:17:45,070 --> 00:17:45,270  
哎  
  
436  
00:17:45,270 --> 00:17:46,430  
那本来就没有了  
  
437  
00:17:46,430 --> 00:17:47,270  
你还发啊  
  
438  
00:17:47,270 --> 00:17:47,910  
阴阳相搏  
  
439  
00:17:48,390 --> 00:17:50,510  
那么这个人一摸脉，脉一定是紧的  
  
440  
00:17:51,370 --> 00:17:52,210  
一定是紧的啊  
  
441  
00:17:52,570 --> 00:17:54,830  
就就像哪种感觉呢  
  
442  
00:17:55,350 --> 00:17:59,270  
就是像人一直在喊喊缺氧了似的那种感觉，明白了吗  
  
443  
00:17:59,670 --> 00:18:01,590  
一个劲儿的往上拔啊  
  
444  
00:18:01,670 --> 00:18:02,670  
一个劲儿的往上拔  
  
445  
00:18:04,670 --> 00:18:08,670  
执事不能顺，那么额失神的状态吗  
  
446  
00:18:08,670 --> 00:18:11,750  
木精啊，两个眼睛直勾勾的啊  
  
447  
00:18:11,870 --> 00:18:13,510  
那那不能转动  
  
448  
00:18:13,550 --> 00:18:14,310  
转动不灵活  
  
449  
00:18:14,670 --> 00:18:14,870  
呃  
  
450  
00:18:14,870 --> 00:18:17,540  
这个我们在临床上遇到很多，对不对  
  
451  
00:18:17,540 --> 00:18:18,420  
有很多患者啊  
  
452  
00:18:18,420 --> 00:18:20,060  
真的是，就是你第一诊来的时候  
  
453  
00:18:20,100 --> 00:18:23,510  
你跟他说话他都跟不上你啊  
  
454  
00:18:23,510 --> 00:18:25,990  
这种有很多，那你一看就是失神的状态啊  
  
455  
00:18:26,630 --> 00:18:27,630  
发汗太过了  
  
456  
00:18:28,730 --> 00:18:29,730  
不得眠啊  
  
457  
00:18:29,730 --> 00:18:32,770  
那么一定是阳气不能内藏的，睡不着了嘛  
  
458  
00:18:33,250 --> 00:18:34,130  
但是这句话呢  
  
459  
00:18:34,210 --> 00:18:40,260  
它也通用于呃伤寒论中过度发汗造成的这个问题啊  
  
460  
00:18:42,220 --> 00:18:43,180  
好，接着往下走  
  
461  
00:18:44,580 --> 00:18:47,860  
病人面无色啊，当然有的版本是面无血色  
  
462  
00:18:49,490 --> 00:18:50,370  
两个版本都行  
  
463  
00:18:51,730 --> 00:18:54,450  
额，无寒热  
  
464  
00:18:56,860 --> 00:18:58,460  
不怕凉，也不怕热  
  
465  
00:18:58,860 --> 00:19:00,100  
脉沉弦者虐  
  
466  
00:19:02,520 --> 00:19:02,960  
后头  
  
467  
00:19:04,280 --> 00:19:06,160  
这个这个这个麦啊  
  
468  
00:19:07,460 --> 00:19:09,060  
是一个比较重要的，臣为主  
  
469  
00:19:09,060 --> 00:19:12,420  
礼贤为沐浴之相啊  
  
470  
00:19:12,460 --> 00:19:13,620  
那么沐浴呢  
  
471  
00:19:14,540 --> 00:19:14,740  
额  
  
472  
00:19:16,460 --> 00:19:20,620  
则这个心气则肝木不能化心火  
  
473  
00:19:21,220 --> 00:19:22,860  
心气不足则逆血啊  
  
474  
00:19:22,860 --> 00:19:26,300  
这个我到后头给你给你具体的说，所谓心气不绝  
  
475  
00:19:26,680 --> 00:19:28,000  
吐血尿血，对吧  
  
476  
00:19:28,000 --> 00:19:30,000  
泻心汤主治咱们讲这个问题  
  
477  
00:19:31,010 --> 00:19:31,210  
呃  
  
478  
00:19:31,570 --> 00:19:34,090  
伏若守暗之觉者  
  
479  
00:19:34,770 --> 00:19:37,270  
下穴这个是不多见的  
  
480  
00:19:37,310 --> 00:19:40,150  
对于脉象梅根的描述啊  
  
481  
00:19:42,640 --> 00:19:43,480  
他是个浮脉  
  
482  
00:19:44,620 --> 00:19:45,260  
一搭啊  
  
483  
00:19:45,340 --> 00:19:47,580  
有，是不是往里一按没了  
  
484  
00:19:48,380 --> 00:19:49,340  
那么这样的话呢  
  
485  
00:19:49,580 --> 00:19:52,500  
告诉你是一个下血之症，他们他一定会  
  
486  
00:19:53,140 --> 00:19:55,060  
呃，下穴叫什么便血吗  
  
487  
00:19:55,780 --> 00:19:56,980  
那么为啥便血啊  
  
488  
00:19:57,380 --> 00:19:57,580  
哎  
  
489  
00:19:57,580 --> 00:20:00,460  
这个我们讲的黄土汤的时候给大家具体的论述  
  
490  
00:20:00,860 --> 00:20:02,220  
总之就是脾不足  
  
491  
00:20:02,300 --> 00:20:02,820  
脾虚了  
  
492  
00:20:02,860 --> 00:20:03,580  
空了，对吧  
  
493  
00:20:04,020 --> 00:20:04,700  
哎，空了  
  
494  
00:20:05,150 --> 00:20:07,230  
而且这个不是一个啥好现象啊  
  
495  
00:20:08,740 --> 00:20:08,940  
啊  
  
496  
00:20:09,140 --> 00:20:11,060  
烦咳，必吐血  
  
497  
00:20:12,590 --> 00:20:15,470  
在这种状态之下，我们讲他有前提嘛  
  
498  
00:20:15,470 --> 00:20:17,310  
就是脉浮弱啊  
  
499  
00:20:17,310 --> 00:20:18,350  
但是你一摸呢  
  
500  
00:20:19,510 --> 00:20:20,830  
往下一按，底下没根  
  
501  
00:20:21,970 --> 00:20:23,690  
这种状态之下，一个劲儿的咳  
  
502  
00:20:24,170 --> 00:20:26,050  
那么离吐血就不远了啊  
  
503  
00:20:27,340 --> 00:20:28,060  
一定都会  
  
504  
00:20:28,420 --> 00:20:29,260  
就是很简单  
  
505  
00:20:29,260 --> 00:20:29,860  
因为脾虚  
  
506  
00:20:30,020 --> 00:20:31,780  
脾气空了嘛，啊  
  
507  
00:20:32,420 --> 00:20:34,340  
脾气于中，以灌四棒  
  
508  
00:20:34,980 --> 00:20:36,900  
脾气空了，他不能摄血  
  
509  
00:20:37,100 --> 00:20:38,020  
血就往外跑  
  
510  
00:20:39,470 --> 00:20:39,670  
呃  
  
511  
00:20:39,830 --> 00:20:41,790  
所以我们中医你细琢磨  
  
512  
00:20:42,470 --> 00:20:45,070  
他对血症的论治，其实是离不开脾的  
  
513  
00:20:45,740 --> 00:20:47,860  
离不开心，离不开脾啊  
  
514  
00:20:48,220 --> 00:20:49,260  
这两脏很重要  
  
515  
00:20:50,260 --> 00:20:50,460  
呃  
  
516  
00:20:50,700 --> 00:20:51,740  
跟肝也有关  
  
517  
00:20:54,020 --> 00:20:54,820  
服吐血  
  
518  
00:20:55,900 --> 00:20:59,780  
咳逆上气，其脉数而有热不得卧者死呃  
  
519  
00:20:59,900 --> 00:21:00,780  
这句话呢  
  
520  
00:21:01,020 --> 00:21:02,020  
讲的是啥呢  
  
521  
00:21:03,490 --> 00:21:06,050  
吐血之后一定是咳嗽  
  
522  
00:21:07,720 --> 00:21:12,080  
逆上气，那么我一说到肯定上汽大家想到哪条脉络了  
  
523  
00:21:13,500 --> 00:21:13,820  
哎  
  
524  
00:21:14,140 --> 00:21:16,180  
很多人，你看绝大多数人都想到冲脉  
  
525  
00:21:16,180 --> 00:21:16,660  
对不对啊  
  
526  
00:21:16,980 --> 00:21:18,840  
那么冲冲人啊  
  
527  
00:21:18,840 --> 00:21:20,600  
我们讲冲为血海，任主胞胎  
  
528  
00:21:21,160 --> 00:21:22,200  
人主前头  
  
529  
00:21:22,840 --> 00:21:24,000  
整个人的前半身  
  
530  
00:21:25,120 --> 00:21:25,520  
对吧  
  
531  
00:21:25,960 --> 00:21:27,360  
你面部啊，胸腹啊  
  
532  
00:21:27,360 --> 00:21:28,520  
这块都是人脉所主  
  
533  
00:21:28,880 --> 00:21:29,600  
督脉呢  
  
534  
00:21:30,040 --> 00:21:31,920  
总督朱阳在后头  
  
535  
00:21:32,240 --> 00:21:35,480  
任脉，总督诸阴任脉也为阴脉之海啊  
  
536  
00:21:35,600 --> 00:21:37,520  
那么呃  
  
537  
00:21:38,460 --> 00:21:40,140  
所以说血液呢  
  
538  
00:21:40,140 --> 00:21:42,420  
那么渴血他一定得经过人脉吧  
  
539  
00:21:42,920 --> 00:21:45,080  
但是冲脉也特别重要  
  
540  
00:21:45,080 --> 00:21:47,520  
因为你没有冲脉的上，逆血上不来呀  
  
541  
00:21:48,320 --> 00:21:51,200  
你顶多说叫内出血，或者叫便血  
  
542  
00:21:51,200 --> 00:21:51,680  
对不对啊  
  
543  
00:21:51,920 --> 00:21:52,840  
它不能叫咳血  
  
544  
00:21:53,160 --> 00:21:55,000  
如果到渴血一定跟冲脉有关  
  
545  
00:21:55,480 --> 00:21:56,960  
所以古代很多医家呢  
  
546  
00:21:57,360 --> 00:22:01,730  
那么就认为这个呃可选呢  
  
547  
00:22:01,730 --> 00:22:03,770  
那一定是跟这个冲脉相关  
  
548  
00:22:04,220 --> 00:22:04,420  
呃  
  
549  
00:22:04,620 --> 00:22:08,340  
我个人非常敬重的民国一家苏世平先生  
  
550  
00:22:08,340 --> 00:22:10,020  
我不止一次给大家推荐过，对吧  
  
551  
00:22:10,260 --> 00:22:11,420  
岭南的啊，呃  
  
552  
00:22:12,170 --> 00:22:14,690  
广东新会的这个一家啊  
  
553  
00:22:14,890 --> 00:22:18,850  
他呢非常肯定的就说提出这个观点啊  
  
554  
00:22:18,850 --> 00:22:20,690  
说这个所谓吐血呢  
  
555  
00:22:20,690 --> 00:22:22,830  
一定是从冲人而来啊  
  
556  
00:22:22,870 --> 00:22:24,990  
这个呢，也是卓有见地的啊  
  
557  
00:22:28,940 --> 00:22:30,420  
那么一定是从冲人而来  
  
558  
00:22:30,820 --> 00:22:32,900  
那么所以说其脉数而有热  
  
559  
00:22:32,900 --> 00:22:35,460  
不得卧者死，说明他的脉升而不降  
  
560  
00:22:36,480 --> 00:22:37,360  
大家明白了吧  
  
561  
00:22:37,800 --> 00:22:40,880  
所以有的时候我我认为啊，学问一定得做  
  
562  
00:22:42,000 --> 00:22:43,560  
但做学问呢，又不能作死  
  
563  
00:22:44,940 --> 00:22:46,900  
作死了之后就容易死于俱下  
  
564  
00:22:47,340 --> 00:22:49,420  
就你玩命的你抛开这个大背景  
  
565  
00:22:49,420 --> 00:22:51,180  
你就玩命的琢磨这个脉数  
  
566  
00:22:51,180 --> 00:22:52,690  
而有热，不得沃  
  
567  
00:22:52,770 --> 00:22:53,970  
你咋想也想不明白  
  
568  
00:22:54,410 --> 00:22:56,730  
但你要能把这整篇宏观的去看  
  
569  
00:22:57,050 --> 00:23:01,580  
你能想到我第一句给你讲的寸口脉  
  
570  
00:23:01,900 --> 00:23:04,660  
动而弱这句话你一下就懂了  
  
571  
00:23:04,980 --> 00:23:05,820  
动代表什么  
  
572  
00:23:05,820 --> 00:23:07,060  
阴阳相搏对不对啊  
  
573  
00:23:07,460 --> 00:23:08,980  
那么血症的产生  
  
574  
00:23:09,140 --> 00:23:14,030  
很多情况都是由于阴阳相搏之后，气机升降持续  
  
575  
00:23:14,750 --> 00:23:18,390  
不是脾气不能固摄就是冲人不能怎么样  
  
576  
00:23:18,590 --> 00:23:20,610  
不能合降对不对啊  
  
577  
00:23:20,890 --> 00:23:22,490  
不能下气，不能平冲  
  
578  
00:23:22,970 --> 00:23:25,330  
那么造成血气或者是冲逆或者是下脱  
  
579  
00:23:25,910 --> 00:23:28,510  
所以你最后解决血的问题其实解决的是什么  
  
580  
00:23:28,510 --> 00:23:30,400  
阴阳，对吧  
  
581  
00:23:30,720 --> 00:23:31,920  
那你从这个角度上来说  
  
582  
00:23:31,920 --> 00:23:33,800  
你就发现问题可能变得简单了  
  
583  
00:23:34,390 --> 00:23:35,350  
所以这就是为什么  
  
584  
00:23:35,350 --> 00:23:36,350  
我们有的时候  
  
585  
00:23:36,670 --> 00:23:39,110  
当然我说的是有的时候，在临床上  
  
586  
00:23:39,550 --> 00:23:42,750  
现代临床可能很昂贵的药物，我们用了很多  
  
587  
00:23:43,070 --> 00:23:45,830  
最后发现有的时候进入了死胡同的时候  
  
588  
00:23:45,830 --> 00:23:49,590  
可能一个很简单的中药的方子，它能起死回生  
  
589  
00:23:51,580 --> 00:23:52,140  
这个啊  
  
590  
00:23:52,180 --> 00:23:53,340  
给我们很多思考  
  
591  
00:23:53,740 --> 00:23:56,900  
但反过来不是说我们中药这个部分它比西药强啊  
  
592  
00:23:56,900 --> 00:23:57,900  
我没说那个问题  
  
593  
00:23:58,180 --> 00:24:00,180  
那样的话，你又走到另一个极端  
  
594  
00:24:00,560 --> 00:24:02,400  
我们明白中药强  
  
595  
00:24:02,600 --> 00:24:05,120  
有的时候我们用完了这个药，它好使了  
  
596  
00:24:05,760 --> 00:24:06,720  
不是我们厉害  
  
597  
00:24:06,720 --> 00:24:08,880  
我们有可能根本就没理解这个药啥意思  
  
598  
00:24:09,380 --> 00:24:10,460  
我说句得罪人的话  
  
599  
00:24:10,460 --> 00:24:12,060  
有可能是我蒙对的，明白了吗  
  
600  
00:24:12,460 --> 00:24:15,180  
那你怎么能够不蒙对就不靠蒙去治病  
  
601  
00:24:15,460 --> 00:24:16,580  
一定得明白医理  
  
602  
00:24:16,950 --> 00:24:18,910  
你明白这个阴阳相搏的道理之后  
  
603  
00:24:19,230 --> 00:24:21,190  
那么我们这个时候你再用泻心汤  
  
604  
00:24:21,190 --> 00:24:22,270  
你再用黄土汤  
  
605  
00:24:22,270 --> 00:24:24,570  
你再用百叶汤，他就都活了  
  
606  
00:24:25,410 --> 00:24:27,410  
你知道你自己要干什么，对不对啊  
  
607  
00:24:27,410 --> 00:24:28,250  
你非常明确  
  
608  
00:24:28,960 --> 00:24:29,160  
哎  
  
609  
00:24:29,240 --> 00:24:31,840  
赤豆当归散你，你就明白我自己要干啥  
  
610  
00:24:32,080 --> 00:24:33,840  
我不是赤豆当归散治痔疮  
  
611  
00:24:33,840 --> 00:24:35,560  
我不是那个意思对不对啊  
  
612  
00:24:35,870 --> 00:24:37,510  
你要那么用就把这东西用窄了  
  
613  
00:24:37,670 --> 00:24:39,550  
而且到那个时候，我说句实话啊  
  
614  
00:24:39,950 --> 00:24:42,110  
你就某一个方去治某一个症  
  
615  
00:24:42,110 --> 00:24:43,630  
那时候你习惯这样的时候  
  
616  
00:24:43,900 --> 00:24:47,020  
我告诉你，你整到最后很可能很尴尬在哪呢  
  
617  
00:24:47,220 --> 00:24:50,100  
你最后再用这个方治治的是这个证，他都不好  
  
618  
00:24:51,600 --> 00:24:52,600  
那才是最可悲的  
  
619  
00:24:52,600 --> 00:24:53,320  
大家明白了吗  
  
620  
00:24:53,720 --> 00:24:54,000  
哎  
  
621  
00:24:54,280 --> 00:24:57,160  
你最后你说我我就干预小肠了，对吧  
  
622  
00:24:57,480 --> 00:25:00,720  
我就想学学老师，你就告诉我哪个方子治哪个病就行了  
  
623  
00:25:00,720 --> 00:25:01,000  
好  
  
624  
00:25:01,240 --> 00:25:02,320  
那你就照着这个用  
  
625  
00:25:02,320 --> 00:25:04,640  
你最后用这个方治，这病他都治不好  
  
626  
00:25:05,270 --> 00:25:05,910  
一定是这样的  
  
627  
00:25:05,910 --> 00:25:09,910  
你不能把他的后头的道理把它断了啊  
  
628  
00:25:12,100 --> 00:25:12,820  
那么后头呢  
  
629  
00:25:12,980 --> 00:25:15,980  
呃还说一句话，久咳咳者  
  
630  
00:25:16,900 --> 00:25:17,660  
必治吐血  
  
631  
00:25:19,430 --> 00:25:22,790  
额，这个别过度解释啊  
  
632  
00:25:22,790 --> 00:25:27,540  
这个我认为就是古人喝酒喝喝多了，胃出血了啊  
  
633  
00:25:27,540 --> 00:25:29,940  
古人也是跟今天人也一样啊  
  
634  
00:25:30,500 --> 00:25:32,620  
你看那个他讲一个道理  
  
635  
00:25:32,820 --> 00:25:35,820  
就是成天喝酒的人突然有一天玩命地咳嗽  
  
636  
00:25:36,760 --> 00:25:37,600  
当然这个壳呢  
  
637  
00:25:37,600 --> 00:25:38,680  
我认为它有省文  
  
638  
00:25:38,880 --> 00:25:39,840  
它也代表可逆  
  
639  
00:25:39,840 --> 00:25:40,360  
对不对啊  
  
640  
00:25:40,640 --> 00:25:43,310  
气机上逆，那么你你你瞅着吧  
  
641  
00:25:43,790 --> 00:25:45,430  
这个问题如果不及时纠正  
  
642  
00:25:45,670 --> 00:25:46,950  
时间长，他一定吐血  
  
643  
00:25:47,430 --> 00:25:48,390  
那为啥吐血呢  
  
644  
00:25:48,510 --> 00:25:51,320  
仲景先师后头有解释，此因什么呀  
  
645  
00:25:51,840 --> 00:25:54,040  
极饮过度所致也对吧  
  
646  
00:25:54,360 --> 00:25:57,500  
那就是因为喝酒喝喝喝过劲儿了，对不对  
  
647  
00:25:58,020 --> 00:25:58,220  
哎  
  
648  
00:25:58,220 --> 00:25:59,460  
那么今天有没有啊  
  
649  
00:26:00,200 --> 00:26:01,320  
咱们比比皆是嘛  
  
650  
00:26:01,600 --> 00:26:02,480  
也有这个道理  
  
651  
00:26:02,760 --> 00:26:04,240  
那那是包括那个胃出血  
  
652  
00:26:04,760 --> 00:26:07,990  
包括那个喝酒喝的肝硬化，对不对啊  
  
653  
00:26:07,990 --> 00:26:09,190  
那这种情况很多  
  
654  
00:26:09,510 --> 00:26:11,830  
但是我们不光看一个热闹啊  
  
655  
00:26:11,830 --> 00:26:12,710  
你还要想一个问题  
  
656  
00:26:12,710 --> 00:26:13,950  
那为啥胃出血  
  
657  
00:26:15,030 --> 00:26:15,910  
为啥肝硬化  
  
658  
00:26:16,230 --> 00:26:17,790  
那你不能说啊  
  
659  
00:26:17,790 --> 00:26:20,110  
我看见胃有出血点，我找到原因了  
  
660  
00:26:21,180 --> 00:26:24,860  
我看见肝硬化了，肝门脉高压了  
  
661  
00:26:24,860 --> 00:26:25,900  
我找到原因了  
  
662  
00:26:26,790 --> 00:26:30,030  
你要跟住，我现在的思路啊  
  
663  
00:26:31,090 --> 00:26:32,650  
为啥胃出血  
  
664  
00:26:33,090 --> 00:26:36,330  
为啥肝硬化才是我们中医要解答和解决的问题  
  
665  
00:26:36,850 --> 00:26:38,690  
一要解答，二要解决对不对  
  
666  
00:26:39,370 --> 00:26:41,610  
你光解答不解决你就是流氓啊  
  
667  
00:26:42,170 --> 00:26:43,370  
我说是不是这个问题啊  
  
668  
00:26:43,610 --> 00:26:45,250  
你光给解释你不解决问题  
  
669  
00:26:45,770 --> 00:26:49,230  
但是你光解决，你解答不了  
  
670  
00:26:50,350 --> 00:26:51,230  
有点可惜  
  
671  
00:26:53,500 --> 00:26:55,520  
还有点还有点可惜啊  
  
672  
00:26:55,560 --> 00:26:56,800  
一定是既能解答  
  
673  
00:26:57,120 --> 00:26:58,440  
既能回答，又能解决  
  
674  
00:26:58,480 --> 00:26:58,920  
对不对  
  
675  
00:26:59,280 --> 00:27:02,440  
那么为什么其实还回到我一开始第一句话  
  
676  
00:27:03,590 --> 00:27:07,410  
阴阳相搏名曰动，是不是这回事  
  
677  
00:27:07,770 --> 00:27:07,970  
哎  
  
678  
00:27:07,970 --> 00:27:10,010  
那么你能把阴阳相搏的问题处理好  
  
679  
00:27:10,330 --> 00:27:11,450  
肝硬化也解决了  
  
680  
00:27:11,610 --> 00:27:12,930  
胃出血也解决了  
  
681  
00:27:14,690 --> 00:27:15,970  
好，接着往下走  
  
682  
00:27:19,960 --> 00:27:24,360  
呃寸口脉嫌事大这块在前头啊  
  
683  
00:27:24,600 --> 00:27:27,040  
曾经有这句话还记得吧  
  
684  
00:27:29,380 --> 00:27:32,100  
前头有血那个那个雪碧那一篇  
  
685  
00:27:32,620 --> 00:27:35,950  
但里头多了两个字额  
  
686  
00:27:36,070 --> 00:27:37,750  
就是它多了个寸口啊  
  
687  
00:27:38,310 --> 00:27:39,110  
所以在这儿呢  
  
688  
00:27:39,110 --> 00:27:40,430  
我们不再赘述了啊  
  
689  
00:27:42,400 --> 00:27:44,920  
接着往下去，第九条  
  
690  
00:27:47,150 --> 00:27:48,990  
王血不可发其汗  
  
691  
00:27:50,580 --> 00:27:51,420  
额这块呢  
  
692  
00:27:51,420 --> 00:27:54,500  
跟刚才那个额上线卖集锦那个有点类似  
  
693  
00:27:54,870 --> 00:27:57,470  
呃，伤寒论的条文里头也有大量的论述  
  
694  
00:27:57,510 --> 00:28:00,870  
那么很多王血家或者是比较虚的人啊  
  
695  
00:28:01,450 --> 00:28:03,370  
那么你再发汗，包括阳虚的人  
  
696  
00:28:03,850 --> 00:28:05,650  
他一定会叫什么呢  
  
697  
00:28:05,650 --> 00:28:09,010  
叫汗出则寒栗而振浑身怎么样啊  
  
698  
00:28:09,950 --> 00:28:11,390  
这个大战是吧  
  
699  
00:28:11,510 --> 00:28:13,510  
寒战，那么寒战代表啥呀  
  
700  
00:28:14,330 --> 00:28:14,530  
哎  
  
701  
00:28:14,530 --> 00:28:16,890  
那么在这阳气急虚  
  
702  
00:28:17,050 --> 00:28:21,050  
又有又有外寒呃，阴阳相搏之象啊  
  
703  
00:28:23,580 --> 00:28:26,640  
往下第十条，呃十条呢  
  
704  
00:28:26,640 --> 00:28:27,480  
比较重要啊  
  
705  
00:28:27,480 --> 00:28:27,800  
为什么  
  
706  
00:28:27,800 --> 00:28:30,480  
因为现在临床上这种现象很常见啊  
  
707  
00:28:31,400 --> 00:28:34,040  
病人胸满唇尾  
  
708  
00:28:34,800 --> 00:28:37,040  
那么在这讲，胸满就是胸闷  
  
709  
00:28:38,050 --> 00:28:39,530  
唇尾就是嘴唇啊  
  
710  
00:28:40,210 --> 00:28:41,410  
嘴唇怎么样了呢  
  
711  
00:28:42,510 --> 00:28:43,910  
你一看，呃  
  
712  
00:28:45,170 --> 00:28:46,890  
这个嘴唇你一瞅啊  
  
713  
00:28:47,290 --> 00:28:47,930  
什么叫唇语  
  
714  
00:28:47,930 --> 00:28:50,810  
我们正常的人的嘴唇应该是比较饱满丰润的吧  
  
715  
00:28:51,290 --> 00:28:52,730  
但你看这个人嘴唇呢  
  
716  
00:28:53,260 --> 00:28:53,700  
抽褶  
  
717  
00:28:54,340 --> 00:28:58,490  
而且呢，就是你就感觉他像萎缩了似的  
  
718  
00:28:58,490 --> 00:28:59,650  
我这么一说你就明白了吧  
  
719  
00:29:00,130 --> 00:29:01,290  
哎，就跟萎缩了似的  
  
720  
00:29:01,290 --> 00:29:02,930  
那都很细，是不是  
  
721  
00:29:03,360 --> 00:29:03,560  
哎  
  
722  
00:29:03,560 --> 00:29:05,960  
嘴唇细细的，那么证明脾虚  
  
723  
00:29:06,440 --> 00:29:09,830  
我们说五脏呢，在外各有其外应  
  
724  
00:29:10,390 --> 00:29:13,230  
那么脾呢则外呢  
  
725  
00:29:13,230 --> 00:29:14,230  
能合于口唇  
  
726  
00:29:14,950 --> 00:29:16,110  
呃，那么纯呢  
  
727  
00:29:16,270 --> 00:29:19,550  
比较这个状态的话，说明脾虚  
  
728  
00:29:20,230 --> 00:29:21,270  
脾虚之后呢  
  
729  
00:29:21,270 --> 00:29:22,590  
那么则不能统血吧  
  
730  
00:29:24,520 --> 00:29:26,000  
于是乎，蛇青  
  
731  
00:29:26,710 --> 00:29:26,910  
呃  
  
732  
00:29:26,950 --> 00:29:27,510  
舌青呢  
  
733  
00:29:27,510 --> 00:29:28,430  
这个有两方面  
  
734  
00:29:28,430 --> 00:29:29,550  
一个是我们在临床上  
  
735  
00:29:29,550 --> 00:29:31,910  
有的时候也看看，舌头伸出来之后  
  
736  
00:29:31,910 --> 00:29:33,890  
你看舌发暗啊  
  
737  
00:29:33,890 --> 00:29:35,050  
我认为这个就叫蛇青  
  
738  
00:29:35,570 --> 00:29:36,650  
说明他有淤血吧  
  
739  
00:29:37,450 --> 00:29:37,650  
哎  
  
740  
00:29:37,690 --> 00:29:38,770  
舌体发暗啊  
  
741  
00:29:38,770 --> 00:29:40,090  
就是整个那个暗青色  
  
742  
00:29:40,690 --> 00:29:42,850  
呃，你看多了你就会了  
  
743  
00:29:43,090 --> 00:29:44,890  
第二一则把它卷上来  
  
744  
00:29:45,050 --> 00:29:48,120  
舌下有有清脉，怒张啊  
  
745  
00:29:48,200 --> 00:29:50,080  
说明血他就有瘀滞  
  
746  
00:29:52,400 --> 00:29:52,680  
呃  
  
747  
00:29:55,780 --> 00:30:00,660  
那么口燥口干啊，口干正常就想喝水呗  
  
748  
00:30:01,660 --> 00:30:02,940  
结果这个人怎么样啊  
  
749  
00:30:03,580 --> 00:30:06,940  
但遇硕水不欲咽这句话非常经典  
  
750  
00:30:07,660 --> 00:30:12,820  
是后世医家描述淤血状态的一个经常用的一句话  
  
751  
00:30:12,980 --> 00:30:14,780  
出自于金匮要略啊  
  
752  
00:30:15,060 --> 00:30:16,260  
就从这条出来的  
  
753  
00:30:16,590 --> 00:30:19,430  
那么啥叫单于涉水不一咽，就这人啊  
  
754  
00:30:19,470 --> 00:30:20,110  
渴了吧  
  
755  
00:30:20,690 --> 00:30:24,050  
拿起水杯它还不是像那种施加那种不可对不对啊  
  
756  
00:30:24,290 --> 00:30:26,130  
哎，施加一天播个水它也想不起来  
  
757  
00:30:26,570 --> 00:30:28,210  
你给把水杯拿来他还嫌烦  
  
758  
00:30:28,640 --> 00:30:30,320  
这个是他自己想喝水  
  
759  
00:30:31,240 --> 00:30:33,480  
想了想又放下了是吧  
  
760  
00:30:34,000 --> 00:30:35,400  
或者喝一口嘶  
  
761  
00:30:35,960 --> 00:30:36,960  
哎呀，没啥意思  
  
762  
00:30:37,040 --> 00:30:40,240  
吐了说明里头有淤血啊  
  
763  
00:30:42,290 --> 00:30:44,730  
有淤血，他的营气则不能通行嘛  
  
764  
00:30:45,090 --> 00:30:46,330  
哎，所以他不想喝水  
  
765  
00:30:47,570 --> 00:30:49,970  
呃，无寒热脉微大来迟  
  
766  
00:30:52,480 --> 00:30:55,760  
没有寒热之症脉呢  
  
767  
00:30:56,560 --> 00:30:56,840  
呃  
  
768  
00:30:59,120 --> 00:31:03,680  
这个V和大呀，你要是按两个脉象来说呢  
  
769  
00:31:04,320 --> 00:31:04,600  
呃  
  
770  
00:31:06,600 --> 00:31:08,720  
他本身啊，从脉体上是矛盾的  
  
771  
00:31:08,720 --> 00:31:11,840  
唯一就是主主这个摸不着的意思，对不对啊  
  
772  
00:31:12,720 --> 00:31:15,800  
呃大呢，说的则是卖行  
  
773  
00:31:17,260 --> 00:31:18,940  
所以这个呢，两种解释啊  
  
774  
00:31:19,500 --> 00:31:22,580  
第一种解释呢，V就是指的是一个定语  
  
775  
00:31:22,660 --> 00:31:24,660  
就是稍稍有点大偏大  
  
776  
00:31:25,980 --> 00:31:30,180  
呃麦来出现一种持相啊  
  
777  
00:31:30,500 --> 00:31:31,820  
当然也有一家认为呢  
  
778  
00:31:32,180 --> 00:31:34,420  
他是讲的是一个两种情况  
  
779  
00:31:34,980 --> 00:31:38,380  
或者是脉象微，或者是脉象大啊  
  
780  
00:31:39,870 --> 00:31:40,230  
持相  
  
781  
00:31:41,910 --> 00:31:45,190  
呃，但是我们有辅助的这个  
  
782  
00:31:46,630 --> 00:31:49,660  
看的这个这个这个看法  
  
783  
00:31:49,660 --> 00:31:51,420  
我们今天其实在门诊上  
  
784  
00:31:52,100 --> 00:31:54,100  
只要是你淤血的患者，摸多了  
  
785  
00:31:54,140 --> 00:31:55,220  
实话实说啊  
  
786  
00:31:56,310 --> 00:31:58,950  
基本上一搭手就知道有淤血  
  
787  
00:31:58,950 --> 00:32:01,070  
这个在咱们门诊上天天上演，对不对  
  
788  
00:32:01,070 --> 00:32:02,670  
那经常是我这一摸脉  
  
789  
00:32:02,670 --> 00:32:04,070  
哎，我说这个人有淤血  
  
790  
00:32:04,070 --> 00:32:04,710  
看舌头吧  
  
791  
00:32:05,190 --> 00:32:05,950  
哎，一伸舌头  
  
792  
00:32:05,990 --> 00:32:06,430  
大伙一看  
  
793  
00:32:06,430 --> 00:32:06,590  
嗯  
  
794  
00:32:06,710 --> 00:32:07,910  
真是淤的还挺严重  
  
795  
00:32:08,350 --> 00:32:09,750  
这种你摸多了呀  
  
796  
00:32:09,750 --> 00:32:10,870  
他其实是什么  
  
797  
00:32:11,330 --> 00:32:12,370  
什么叫微大来世  
  
798  
00:32:12,370 --> 00:32:14,810  
我解释了一个字就解释了叫色相  
  
799  
00:32:15,930 --> 00:32:16,130  
嗯  
  
800  
00:32:17,940 --> 00:32:19,820  
真像古人说的轻刀刮竹  
  
801  
00:32:19,980 --> 00:32:21,420  
你你你琢磨琢磨啊  
  
802  
00:32:22,060 --> 00:32:24,580  
那个轻刀刮竹真是那种感觉啊  
  
803  
00:32:26,780 --> 00:32:30,260  
持相就是说在他那个来的不容易对不对啊  
  
804  
00:32:30,260 --> 00:32:31,460  
就是色的意思  
  
805  
00:32:33,480 --> 00:32:36,360  
富不满其人言，我满这个呢  
  
806  
00:32:36,400 --> 00:32:42,710  
说明患者的这个主观感受跟客观体征发生了矛盾啊  
  
807  
00:32:42,750 --> 00:32:45,630  
主观感受和客观体征发生了矛盾  
  
808  
00:32:46,110 --> 00:32:48,110  
呃，就是你从外观上看啊  
  
809  
00:32:48,190 --> 00:32:49,310  
这个人肚子呢  
  
810  
00:32:49,750 --> 00:32:53,090  
没有啥特殊的变化，对不对  
  
811  
00:32:53,630 --> 00:32:53,830  
呃  
  
812  
00:32:53,870 --> 00:32:55,830  
但是他自己感觉肚子里头难受  
  
813  
00:32:56,430 --> 00:32:58,550  
这个我经常会看到啊  
  
814  
00:32:58,550 --> 00:33:02,270  
包括昨天我还这个一位特别好的朋友啊  
  
815  
00:33:02,310 --> 00:33:04,310  
她家里头这个这个老太太  
  
816  
00:33:04,750 --> 00:33:07,310  
哎，我看了一眼脉相呃肚子  
  
817  
00:33:07,700 --> 00:33:09,100  
我给他治了一下之后啊  
  
818  
00:33:09,100 --> 00:33:11,420  
都都小多了啊，都都很小  
  
819  
00:33:11,420 --> 00:33:13,780  
但这个老人家呢，有蓄血症  
  
820  
00:33:14,150 --> 00:33:15,430  
他自己觉得肚子难受  
  
821  
00:33:16,070 --> 00:33:17,350  
而且特别有意思啊  
  
822  
00:33:17,350 --> 00:33:18,830  
就是我的药一下去之后  
  
823  
00:33:19,640 --> 00:33:21,960  
他就是平时那个点都没问题啊  
  
824  
00:33:22,360 --> 00:33:24,720  
我汤药一下去他那个小腹啊  
  
825  
00:33:24,720 --> 00:33:26,440  
就那个位置，他就会会疼  
  
826  
00:33:26,850 --> 00:33:27,690  
会不舒服啊  
  
827  
00:33:27,690 --> 00:33:31,290  
他就有点害怕，说这汤药这个能不能行啊  
  
828  
00:33:31,290 --> 00:33:32,770  
我说没事，我说你喝吧  
  
829  
00:33:33,170 --> 00:33:34,730  
然后昨天我跟我朋友去  
  
830  
00:33:35,100 --> 00:33:36,940  
哎，我说老人家你伸舌头看看  
  
831  
00:33:37,340 --> 00:33:41,000  
一伸舌头一看，舌底那个清脉都下去了啊  
  
832  
00:33:41,000 --> 00:33:41,800  
就很快啊  
  
833  
00:33:41,840 --> 00:33:43,520  
几剂药之后就就都下去了  
  
834  
00:33:43,720 --> 00:33:47,780  
那么这种就是所谓的生动的例子，就是腹不满  
  
835  
00:33:47,820 --> 00:33:48,900  
其实阳不满就是你  
  
836  
00:33:48,900 --> 00:33:51,660  
你从外观上看他肚子很正常，对不对啊  
  
837  
00:33:51,780 --> 00:33:52,780  
看不出来啥问题  
  
838  
00:33:53,010 --> 00:33:57,090  
但是你跟他一聊天他就说说不行，我肚子难受啊  
  
839  
00:33:57,130 --> 00:33:58,330  
那里头为啥难受  
  
840  
00:33:58,330 --> 00:33:59,010  
因为有淤血  
  
841  
00:33:59,600 --> 00:34:01,680  
如果有形的气质或者阳明腹正  
  
842  
00:34:01,680 --> 00:34:03,160  
他一定肚子会大，是不是  
  
843  
00:34:03,600 --> 00:34:06,280  
哎，这样的淤血的人他肚子不大啊  
  
844  
00:34:07,010 --> 00:34:08,290  
但是不一定啊，有你  
  
845  
00:34:08,290 --> 00:34:09,650  
我们讲到那个妇科的时候  
  
846  
00:34:09,929 --> 00:34:11,690  
呃，腹满如敦状啊  
  
847  
00:34:11,850 --> 00:34:13,810  
那时候我给大家讲那个带防干脆汤  
  
848  
00:34:14,010 --> 00:34:15,489  
那那那是会出现的啊  
  
849  
00:34:17,730 --> 00:34:18,570  
那是后话了  
  
850  
00:34:18,650 --> 00:34:20,929  
那在临床上很多那个卵巢癌啊  
  
851  
00:34:21,489 --> 00:34:22,489  
包括宫颈癌啊  
  
852  
00:34:22,489 --> 00:34:24,090  
那患者都会出现那种现象  
  
853  
00:34:25,219 --> 00:34:26,820  
呃，后头啊  
  
854  
00:34:26,900 --> 00:34:28,620  
告诉你说唯有淤血啊  
  
855  
00:34:28,620 --> 00:34:30,260  
那这种情况告诉你就是有淤血  
  
856  
00:34:30,580 --> 00:34:32,060  
这几点大家把都记住  
  
857  
00:34:32,420 --> 00:34:35,790  
唇尾蛇青，口燥端运朔水不欲咽对吧  
  
858  
00:34:35,870 --> 00:34:37,750  
卖的那个那个微大来迟  
  
859  
00:34:37,750 --> 00:34:39,429  
那那种来的费劲的像啊  
  
860  
00:34:39,429 --> 00:34:42,530  
那个色相，以及肚子的这种主观感受啊  
  
861  
00:34:42,530 --> 00:34:43,570  
都是淤血状态  
  
862  
00:34:44,010 --> 00:34:45,330  
当然我们诊断淤血的时候  
  
863  
00:34:45,330 --> 00:34:47,960  
其实我们还有一些辅助的办法，对不对  
  
864  
00:34:48,159 --> 00:34:53,360  
比如说你看他的那个眼圈发黑啊  
  
865  
00:34:53,480 --> 00:34:56,120  
这叫什么两目暗黑，诶  
  
866  
00:34:56,440 --> 00:34:57,800  
继父甲错对不对啊  
  
867  
00:34:58,400 --> 00:35:00,240  
但是即使是这样啊  
  
868  
00:35:00,360 --> 00:35:02,640  
我说一个极端情况供大家参考  
  
869  
00:35:03,230 --> 00:35:04,510  
这个不一定是  
  
870  
00:35:05,430 --> 00:35:07,910  
呃，我说你的诊断和治疗啊  
  
871  
00:35:09,280 --> 00:35:10,720  
那么不一定有问题啊  
  
872  
00:35:10,720 --> 00:35:12,360  
但我说一个极端现象  
  
873  
00:35:12,400 --> 00:35:14,320  
当然可能也是因为我的医理呢  
  
874  
00:35:14,600 --> 00:35:15,520  
没有通达啊  
  
875  
00:35:15,520 --> 00:35:17,560  
那么我遇到过一个极端现象  
  
876  
00:35:18,070 --> 00:35:20,900  
呃，给大家作为一个提醒啊  
  
877  
00:35:21,180 --> 00:35:23,580  
那么所以说我我我，我经常讲啊  
  
878  
00:35:23,620 --> 00:35:24,940  
中西医不能结合  
  
879  
00:35:25,540 --> 00:35:27,460  
但是在今天的临床环境里  
  
880  
00:35:27,540 --> 00:35:32,530  
尤其是今天这个日渐整合的中西方的思维体系下  
  
881  
00:35:32,850 --> 00:35:34,410  
我们中的东西应该更重  
  
882  
00:35:34,770 --> 00:35:37,030  
但是我们呢，需要意识到  
  
883  
00:35:37,270 --> 00:35:38,950  
除了中还有西，对不对啊  
  
884  
00:35:39,150 --> 00:35:39,350  
哎  
  
885  
00:35:39,350 --> 00:35:41,750  
应该配合，我们不能说那个那个  
  
886  
00:35:43,020 --> 00:35:45,100  
呃，我骨子里是忠的不得了啊  
  
887  
00:35:45,740 --> 00:35:46,940  
中得不得了，真的啊  
  
888  
00:35:47,260 --> 00:35:50,960  
但是我我依然告诉大家你你要要配合啊  
  
889  
00:35:50,960 --> 00:35:51,880  
要配合为什么要配合  
  
890  
00:35:51,880 --> 00:35:52,720  
我给你讲一个案例  
  
891  
00:35:53,160 --> 00:35:53,840  
呃，有一次呢  
  
892  
00:35:53,840 --> 00:35:54,880  
我治了一个患者啊  
  
893  
00:35:54,880 --> 00:35:56,240  
还是一个朋友介绍的  
  
894  
00:35:56,640 --> 00:35:58,880  
当时是纵膈淋巴出现了站位  
  
895  
00:35:59,370 --> 00:35:59,570  
呃  
  
896  
00:36:00,330 --> 00:36:01,970  
这人一打眼就是叫具  
  
897  
00:36:02,770 --> 00:36:04,090  
一进屋就是雨雪项  
  
898  
00:36:04,410 --> 00:36:06,480  
两目暗黑啊  
  
899  
00:36:06,680 --> 00:36:09,400  
舌头底下一看那个青脉怒张对不对啊  
  
900  
00:36:09,880 --> 00:36:10,080  
呃  
  
901  
00:36:10,160 --> 00:36:12,160  
那一搭脉，那更是女选项  
  
902  
00:36:12,800 --> 00:36:13,000  
呃  
  
903  
00:36:13,240 --> 00:36:13,800  
当然了  
  
904  
00:36:14,640 --> 00:36:17,800  
这个实话实说，那个朋友来找看的吧  
  
905  
00:36:17,800 --> 00:36:20,540  
但那已经是呃，看了一上午了  
  
906  
00:36:20,620 --> 00:36:22,740  
那么到结尾到末尾的时候  
  
907  
00:36:22,740 --> 00:36:24,300  
当时体力呢也比较虚弱  
  
908  
00:36:24,820 --> 00:36:25,020  
呃  
  
909  
00:36:25,140 --> 00:36:28,100  
精力不是那么集中了，所以犯了个错误  
  
910  
00:36:28,100 --> 00:36:29,300  
我一看啊  
  
911  
00:36:29,340 --> 00:36:30,260  
那时候也累了是吧  
  
912  
00:36:30,260 --> 00:36:31,500  
我说这雨雪项来吧  
  
913  
00:36:31,900 --> 00:36:34,020  
先来几剂这个抵当汤下去吧  
  
914  
00:36:34,370 --> 00:36:37,330  
结果一几剂药下去出问题了  
  
915  
00:36:37,770 --> 00:36:38,410  
为什么呢  
  
916  
00:36:38,890 --> 00:36:42,610  
血小板啊，一下就就就降得很低  
  
917  
00:36:42,690 --> 00:36:46,690  
然后出现了那个这个内在的出血  
  
918  
00:36:47,010 --> 00:36:48,490  
那个那个便血项是不是  
  
919  
00:36:48,890 --> 00:36:50,690  
然后就在咱们省肿瘤医院啊  
  
920  
00:36:50,690 --> 00:36:53,250  
当然呃，住院住院之后呢  
  
921  
00:36:54,280 --> 00:36:56,080  
当时医院告诉他说的很害怕  
  
922  
00:36:56,120 --> 00:36:58,140  
说你这个人啊，你就不能动  
  
923  
00:36:58,380 --> 00:37:01,500  
你从这个床挪到那个床它都有可能有生命危险  
  
924  
00:37:01,900 --> 00:37:03,900  
那最后我跑了多少趟对吧  
  
925  
00:37:04,240 --> 00:37:05,920  
费了好大劲才把他弄过来  
  
926  
00:37:06,040 --> 00:37:08,960  
后来用中医治疗，这个后头阶段治的还不错  
  
927  
00:37:09,000 --> 00:37:11,520  
我们个人关系也也处的很好啊  
  
928  
00:37:11,800 --> 00:37:13,560  
但我在这提醒一个大家一个问题  
  
929  
00:37:14,000 --> 00:37:16,600  
所谓淤血，我们不能看见淤血就活血  
  
930  
00:37:18,060 --> 00:37:18,340  
我  
  
931  
00:37:18,380 --> 00:37:21,340  
我拿我的一个反面例子来告诫大家这个问题  
  
932  
00:37:21,340 --> 00:37:22,500  
那我说一个什么问题呢  
  
933  
00:37:22,740 --> 00:37:26,140  
那么这种淤血很有可能我们不要忘了中医啊  
  
934  
00:37:26,140 --> 00:37:30,080  
你如果真把中医认识到了深层的时候  
  
935  
00:37:30,080 --> 00:37:32,160  
你真真是骨子里头是忠的话  
  
936  
00:37:32,160 --> 00:37:33,920  
你就不会犯我之前那个问题  
  
937  
00:37:34,450 --> 00:37:36,850  
那么我很多成长也是教训买来的  
  
938  
00:37:36,850 --> 00:37:39,530  
我这是跟你跟你说一下我的那个伤疤  
  
939  
00:37:39,570 --> 00:37:41,330  
我揭开给你看看，那么  
  
940  
00:37:42,890 --> 00:37:48,130  
脾主裹血是不是那么有没有一种情况是由于脾不能裹血  
  
941  
00:37:48,210 --> 00:37:48,970  
这是先机  
  
942  
00:37:50,190 --> 00:37:53,790  
造成慢慢的血液的渗出渗漏  
  
943  
00:37:53,990 --> 00:37:55,870  
最后在身体内鼓了一个大血包  
  
944  
00:37:55,910 --> 00:37:57,310  
你你听懂我说啥了吗  
  
945  
00:37:57,800 --> 00:38:00,680  
最后造成这个人出现了淤血的假象  
  
946  
00:38:02,080 --> 00:38:03,440  
他怎么看都是淤血  
  
947  
00:38:04,410 --> 00:38:07,130  
但你要是再给他查个血小板，你发现都快没了  
  
948  
00:38:07,930 --> 00:38:09,250  
那个时候你还能活血吗  
  
949  
00:38:10,030 --> 00:38:11,750  
这个道理我说的明白吗  
  
950  
00:38:11,870 --> 00:38:12,870  
咱再打一个比方  
  
951  
00:38:13,110 --> 00:38:14,510  
就像是我们东北人啊  
  
952  
00:38:14,550 --> 00:38:18,060  
那么我们有一个非常心烦的地方，就是我们的楼房  
  
953  
00:38:18,300 --> 00:38:19,740  
尤其是你住顶层对吧  
  
954  
00:38:20,180 --> 00:38:23,290  
总总做防水啊，是吧  
  
955  
00:38:23,650 --> 00:38:25,610  
那么这个防水我我说了这么一个问题  
  
956  
00:38:25,690 --> 00:38:28,250  
有没有一种可能，就是一场大雨之后啊  
  
957  
00:38:28,890 --> 00:38:30,650  
那个水它不是马上漏的  
  
958  
00:38:31,690 --> 00:38:35,130  
它得隔个一周或者几天水才慢慢渗下来  
  
959  
00:38:35,130 --> 00:38:36,370  
这个大家明白了没有  
  
960  
00:38:36,610 --> 00:38:39,570  
那么有可能内在的出血它是需要一个时间的  
  
961  
00:38:40,690 --> 00:38:44,490  
所以你给他多查一个血小板换一个血常规，很便宜  
  
962  
00:38:44,850 --> 00:38:45,810  
问题也解决了  
  
963  
00:38:46,370 --> 00:38:49,130  
当然前提是我们的医术没有那么精道  
  
964  
00:38:49,770 --> 00:38:52,780  
我们的色脉没有变得那么准的时候，是吧  
  
965  
00:38:53,180 --> 00:38:56,900  
那么它能给我们包括给患者规避很多麻烦啊  
  
966  
00:38:56,900 --> 00:38:58,340  
那么现在临床太复杂了  
  
967  
00:38:58,340 --> 00:39:01,570  
我在这可能说的那个吓人一点啊  
  
968  
00:39:02,260 --> 00:39:05,100  
你不得不，我们医生也得保护自己啊  
  
969  
00:39:05,100 --> 00:39:06,020  
有好多问题啊  
  
970  
00:39:06,340 --> 00:39:09,220  
那么你从淤血上你看怎么看都像淤血  
  
971  
00:39:09,470 --> 00:39:11,830  
但其实你不知道它是慢慢渗出来的  
  
972  
00:39:12,630 --> 00:39:15,230  
当然其实这个我要检讨一个问题啊  
  
973  
00:39:15,230 --> 00:39:15,990  
就是当时呢  
  
974  
00:39:16,630 --> 00:39:17,800  
呃，我  
  
975  
00:39:17,800 --> 00:39:21,200  
我是同学们都知道我是很不愿意加号的  
  
976  
00:39:21,440 --> 00:39:23,600  
那为啥出现这种问题啊  
  
977  
00:39:23,600 --> 00:39:27,520  
那么人的精力都有限那么你加号，哎呀  
  
978  
00:39:27,520 --> 00:39:31,740  
加到后来你看体力心力他他他他不够了，对吧  
  
979  
00:39:31,980 --> 00:39:34,820  
那所以说难免就是看的不如之前那么精细  
  
980  
00:39:35,060 --> 00:39:37,300  
但是医学是不允许你出错的  
  
981  
00:39:37,520 --> 00:39:41,080  
所以我在这讲一个我的一个反面案例，给大家说一下  
  
982  
00:39:41,080 --> 00:39:44,000  
那你治淤血的时候你也要注意你不能自负  
  
983  
00:39:44,000 --> 00:39:44,600  
不能自满  
  
984  
00:39:44,600 --> 00:39:47,160  
按医生这行，咱们就是你不能觉得  
  
985  
00:39:47,280 --> 00:39:49,320  
哎，这个东西我一看他就是什么什么什么  
  
986  
00:39:50,760 --> 00:39:52,680  
永远我学生现在知道啊  
  
987  
00:39:53,120 --> 00:39:53,880  
我现在啊  
  
988  
00:39:54,360 --> 00:39:55,960  
永远是战战兢兢  
  
989  
00:39:55,960 --> 00:39:57,930  
如履薄冰，是吧  
  
990  
00:39:58,290 --> 00:40:01,740  
就是无论是我看的再熟的这个病啊  
  
991  
00:40:02,180 --> 00:40:06,900  
我都是夹着200%的小心胆，胆小如鼠啊  
  
992  
00:40:07,880 --> 00:40:09,440  
同学们不是坏事  
  
993  
00:40:09,520 --> 00:40:11,400  
小心你就能驶得万年船  
  
994  
00:40:12,000 --> 00:40:12,280  
哎  
  
995  
00:40:12,280 --> 00:40:14,120  
我现在是，我是服了啊  
  
996  
00:40:14,360 --> 00:40:17,720  
我，我已经被很多事实教育了啊  
  
997  
00:40:17,720 --> 00:40:19,400  
就你一定得胆子小一点  
  
998  
00:40:19,720 --> 00:40:21,680  
就怕你胆儿大，明白了吗  
  
999  
00:40:21,680 --> 00:40:22,920  
你胆大，你就得出事  
  
1000  
00:40:22,920 --> 00:40:23,480  
我给你讲  
  
1001  
00:40:24,120 --> 00:40:25,760  
哎好，我们接着往下看啊  
  
1002  
00:40:26,910 --> 00:40:29,510  
病者，呃  
  
1003  
00:40:32,000 --> 00:40:34,800  
这话说如热状  
  
1004  
00:40:36,260 --> 00:40:38,460  
这个条纹非常的生动啊  
  
1005  
00:40:38,500 --> 00:40:41,940  
他讲的是一个呃，也是一个淤血的非常生动的案例  
  
1006  
00:40:42,300 --> 00:40:43,860  
你看这个患者好像是热象  
  
1007  
00:40:45,740 --> 00:40:46,340  
为啥呢  
  
1008  
00:40:46,380 --> 00:40:47,340  
为啥如热状呢  
  
1009  
00:40:47,340 --> 00:40:48,180  
你看后头烦  
  
1010  
00:40:48,180 --> 00:40:52,060  
满口干燥而渴，是不是又烦  
  
1011  
00:40:53,150 --> 00:40:56,870  
呃，憋得慌口干燥要喝水  
  
1012  
00:40:57,970 --> 00:41:00,050  
然后你看这必然是一个什么脉啊  
  
1013  
00:41:00,130 --> 00:41:01,370  
大幅受动华之脉吧  
  
1014  
00:41:01,370 --> 00:41:01,650  
对吧  
  
1015  
00:41:01,650 --> 00:41:02,530  
他一定是个阳脉啊  
  
1016  
00:41:02,530 --> 00:41:03,610  
结果你一摸吓一跳  
  
1017  
00:41:04,710 --> 00:41:06,750  
一摸，反之成色弱纤维对吧  
  
1018  
00:41:07,110 --> 00:41:09,590  
一看就是一个一一个阴脉  
  
1019  
00:41:10,510 --> 00:41:14,030  
那么这种时候呢，说明到底是阴还是阳  
  
1020  
00:41:14,190 --> 00:41:18,630  
那么关于这个，我再次说一个有可能有点得罪人的一个观点啊  
  
1021  
00:41:19,090 --> 00:41:21,370  
有很多医家包括古代医家  
  
1022  
00:41:21,770 --> 00:41:23,930  
那么说一句话叫舍脉从政  
  
1023  
00:41:25,180 --> 00:41:27,740  
那么为啥会出现舍脉从政啊  
  
1024  
00:41:27,740 --> 00:41:29,700  
我在这没有无意义  
  
1025  
00:41:29,700 --> 00:41:31,220  
就是跟任何人对立啊  
  
1026  
00:41:31,220 --> 00:41:35,540  
如果是呃，伤及到呃任何老师啊  
  
1027  
00:41:35,540 --> 00:41:36,420  
请多多见谅  
  
1028  
00:41:36,460 --> 00:41:37,900  
我们在这就是探讨议论  
  
1029  
00:41:38,260 --> 00:41:42,980  
我个人认为这个舍麦从政理论的出现原理  
  
1030  
00:41:43,260 --> 00:41:47,780  
是因为对脉的整体啊的宏观把握呢  
  
1031  
00:41:48,220 --> 00:41:50,430  
还尚且不够全面  
  
1032  
00:41:50,830 --> 00:41:54,110  
也就是在麦理上还有一部分没有融会  
  
1033  
00:41:54,660 --> 00:41:54,860  
呃  
  
1034  
00:41:54,940 --> 00:41:55,980  
因为我个人啊  
  
1035  
00:41:56,220 --> 00:41:59,020  
在这我我敢于这个，呃  
  
1036  
00:41:59,100 --> 00:42:00,100  
用我自己啊  
  
1037  
00:42:00,180 --> 00:42:02,780  
担保就是你，你包括我所有的学生都知道  
  
1038  
00:42:03,020 --> 00:42:06,540  
那么在我门诊上卖的应用百分之百  
  
1039  
00:42:07,960 --> 00:42:09,280  
我指的百分之百是啥  
  
1040  
00:42:09,760 --> 00:42:11,360  
闻问切有没有都行了  
  
1041  
00:42:11,840 --> 00:42:15,000  
大家明白了吧我，我在门诊上就是呃开方  
  
1042  
00:42:15,240 --> 00:42:17,360  
那基本上也不咋跟患者聊天啊  
  
1043  
00:42:17,360 --> 00:42:20,000  
那就是一个麦就完事了啊呃  
  
1044  
00:42:21,080 --> 00:42:23,600  
这个至于为什么啊，有先机有后机  
  
1045  
00:42:24,120 --> 00:42:25,960  
呃，有这个问题啊呃  
  
1046  
00:42:26,080 --> 00:42:27,920  
我们曾经中国呢  
  
1047  
00:42:28,510 --> 00:42:30,790  
中医界那么对脉诊也有很多非议  
  
1048  
00:42:30,790 --> 00:42:31,670  
曾经是这样啊  
  
1049  
00:42:31,950 --> 00:42:34,630  
那么至于为什么他其实也有很多历史根源  
  
1050  
00:42:34,880 --> 00:42:39,080  
当然其中，其实真的不排除有很多过去的一些江湖骗术对吧  
  
1051  
00:42:39,400 --> 00:42:41,480  
包括很多人把我们这队伍搞坏了  
  
1052  
00:42:41,690 --> 00:42:44,050  
但是我们也不能因为几颗老鼠屎  
  
1053  
00:42:44,450 --> 00:42:48,450  
你就认为这一锅汤里头都都是不干净的，对不对啊  
  
1054  
00:42:48,700 --> 00:42:50,620  
那么他为啥能拿这东西骗人  
  
1055  
00:42:50,860 --> 00:42:53,060  
也是因为过去有一些传统东西  
  
1056  
00:42:53,060 --> 00:42:54,460  
它毕竟还是深入人心嘛  
  
1057  
00:42:54,700 --> 00:42:55,580  
其实你反过来看  
  
1058  
00:42:55,580 --> 00:42:57,580  
你也能明白，事情都分两面  
  
1059  
00:42:57,860 --> 00:42:59,620  
那么所以从这个角度上来说呢  
  
1060  
00:43:00,580 --> 00:43:01,380  
咱们讲一个问题  
  
1061  
00:43:02,100 --> 00:43:04,100  
脉如果跟正相反  
  
1062  
00:43:04,100 --> 00:43:08,520  
它一定是有一个，一定是中间有有事儿的啊  
  
1063  
00:43:08,830 --> 00:43:09,830  
一定是中间有事的  
  
1064  
00:43:09,830 --> 00:43:11,550  
那么这个就是非常明确  
  
1065  
00:43:11,950 --> 00:43:13,430  
你一看脉是一个阴脉  
  
1066  
00:43:13,510 --> 00:43:14,390  
说明一个问题  
  
1067  
00:43:14,870 --> 00:43:16,550  
他病在阴份还是养分啊  
  
1068  
00:43:16,950 --> 00:43:17,710  
一定是阴分  
  
1069  
00:43:17,710 --> 00:43:18,670  
那么阴粪怎么了  
  
1070  
00:43:18,670 --> 00:43:19,070  
有淤血  
  
1071  
00:43:19,390 --> 00:43:19,910  
明白了吧  
  
1072  
00:43:20,190 --> 00:43:23,110  
所以为什么我们要学伤寒，学金匮的原文  
  
1073  
00:43:23,750 --> 00:43:24,830  
它能帮我们啊  
  
1074  
00:43:24,910 --> 00:43:27,270  
打开眼目，这块就告诉你了  
  
1075  
00:43:27,270 --> 00:43:28,550  
那你不认识雨雪是什么  
  
1076  
00:43:28,550 --> 00:43:30,270  
我给你讲一遍你就懂了，对不对  
  
1077  
00:43:30,550 --> 00:43:32,340  
那么就是因为呃  
  
1078  
00:43:33,660 --> 00:43:36,650  
因为这个有阴叫阴  
  
1079  
00:43:36,770 --> 00:43:38,530  
夫夫就是夫藏的意思吧  
  
1080  
00:43:38,930 --> 00:43:41,130  
在阴缝里藏着邪气，藏着什么邪  
  
1081  
00:43:41,370 --> 00:43:42,490  
淤血啊  
  
1082  
00:43:43,580 --> 00:43:44,420  
那么到这儿呢  
  
1083  
00:43:44,420 --> 00:43:49,500  
我们的这个关于淤血的原理性的东西给大家都说完了  
  
1084  
00:43:50,620 --> 00:43:50,940  
呃  
  
1085  
00:43:53,240 --> 00:43:55,240  
我们再接着看看下一条啊  
  
1086  
00:43:55,960 --> 00:44:00,500  
第12条，火邪者用了啥汤啊  
  
1087  
00:44:01,260 --> 00:44:03,860  
桂枝去芍加暑期牡蛎龙骨救逆汤  
  
1088  
00:44:05,290 --> 00:44:05,490  
呃  
  
1089  
00:44:06,250 --> 00:44:08,450  
这个汤大家都熟，是不是  
  
1090  
00:44:08,890 --> 00:44:10,970  
哎，出自于伤寒论太阳篇啊  
  
1091  
00:44:10,970 --> 00:44:13,170  
那么心阳虚造成的问题  
  
1092  
00:44:19,760 --> 00:44:21,960  
那么信阳区出现的问题  
  
1093  
00:44:23,450 --> 00:44:26,370  
呃，所谓亡羊必经黄嘛  
  
1094  
00:44:26,410 --> 00:44:27,250  
卧起不安者  
  
1095  
00:44:27,850 --> 00:44:29,770  
那么是一个伤寒症，结果呢  
  
1096  
00:44:29,770 --> 00:44:30,130  
医生  
  
1097  
00:44:30,810 --> 00:44:32,100  
呃，哎  
  
1098  
00:44:32,780 --> 00:44:34,220  
那么用火劫之法吧  
  
1099  
00:44:34,300 --> 00:44:34,620  
对吧  
  
1100  
00:44:34,860 --> 00:44:36,820  
发其汗造成的问题  
  
1101  
00:44:37,580 --> 00:44:37,820  
呃  
  
1102  
00:44:38,140 --> 00:44:41,950  
那么这块啊，再次出现了一个妥协的问题  
  
1103  
00:44:42,270 --> 00:44:44,710  
因此在这呢K其实给我们一个启发  
  
1104  
00:44:45,300 --> 00:44:48,540  
跟火呀有关的很多疾病  
  
1105  
00:44:48,940 --> 00:44:52,780  
其实我们不妨用救逆汤去解决你  
  
1106  
00:44:52,780 --> 00:44:53,980  
比如甚至说，啊  
  
1107  
00:44:54,380 --> 00:44:56,340  
这个我看有很多现代医家  
  
1108  
00:44:56,340 --> 00:44:57,700  
它的用法很有意思啊  
  
1109  
00:44:58,140 --> 00:45:00,510  
用这个方子治什么呢  
  
1110  
00:45:01,110 --> 00:45:03,530  
烧烫伤，对不对  
  
1111  
00:45:03,650 --> 00:45:03,850  
哎  
  
1112  
00:45:03,850 --> 00:45:05,970  
那你看烧烫伤是不是也是火协呀  
  
1113  
00:45:06,570 --> 00:45:06,770  
哎  
  
1114  
00:45:06,770 --> 00:45:08,090  
所以这个呃  
  
1115  
00:45:08,610 --> 00:45:10,970  
每个宜家啊，都有自己的闪光点啊  
  
1116  
00:45:11,010 --> 00:45:13,570  
这个我觉得是用的挺灵光的啊  
  
1117  
00:45:14,910 --> 00:45:15,670  
用的很好  
  
1118  
00:45:16,620 --> 00:45:16,820  
呃  
  
1119  
00:45:17,020 --> 00:45:19,180  
那么在这呢，我讲一个问题  
  
1120  
00:45:19,180 --> 00:45:21,020  
这个火邪指的是什么  
  
1121  
00:45:21,380 --> 00:45:24,580  
那么我们刚才讲这个有四部并还记得吧  
  
1122  
00:45:25,680 --> 00:45:25,880  
呃  
  
1123  
00:45:26,360 --> 00:45:27,720  
有奔腾有兔农  
  
1124  
00:45:27,920 --> 00:45:29,440  
有惊部，有火协嘛  
  
1125  
00:45:29,840 --> 00:45:33,080  
那么其实你看着是四部，我认为啊  
  
1126  
00:45:33,570 --> 00:45:35,930  
分为四步，合则一端啊  
  
1127  
00:45:36,210 --> 00:45:38,530  
其实你你你细琢磨琢磨，你就明白了  
  
1128  
00:45:38,610 --> 00:45:40,170  
这四部说的都是气机  
  
1129  
00:45:40,170 --> 00:45:42,010  
不能不能很正常的升降  
  
1130  
00:45:43,140 --> 00:45:48,060  
这块说的是契机，在火协的影响之下升而不降了  
  
1131  
00:45:48,800 --> 00:45:51,040  
但是为啥火邪一定要用救逆汤呢  
  
1132  
00:45:51,040 --> 00:45:53,480  
那你用桂枝桂根桂枝甘草龙骨牡蛎汤不行吗  
  
1133  
00:45:53,480 --> 00:45:54,360  
不行啊  
  
1134  
00:45:54,640 --> 00:45:55,320  
原因很简单  
  
1135  
00:45:55,320 --> 00:45:57,720  
这个我讲伤寒的时候曾经系统给大家讲过吧  
  
1136  
00:45:58,040 --> 00:45:59,240  
在这我不再赘述  
  
1137  
00:45:59,240 --> 00:46:02,260  
但是呢，我简单说一说啊  
  
1138  
00:46:02,500 --> 00:46:05,460  
那么由于这个阳气  
  
1139  
00:46:06,020 --> 00:46:08,820  
这个他是伤于阳分还是伤于阴分啊  
  
1140  
00:46:08,820 --> 00:46:11,490  
这个你看火邪啊  
  
1141  
00:46:11,770 --> 00:46:13,330  
那么它同气则相感嘛  
  
1142  
00:46:13,330 --> 00:46:13,610  
对吧  
  
1143  
00:46:13,930 --> 00:46:15,010  
他一定是伤阳啊  
  
1144  
00:46:15,540 --> 00:46:15,740  
哎  
  
1145  
00:46:15,820 --> 00:46:16,540  
阳气受伤  
  
1146  
00:46:16,860 --> 00:46:18,780  
但是这个阳气太过呢  
  
1147  
00:46:18,780 --> 00:46:21,700  
则炼液成痰，造成心包里头有痰吧  
  
1148  
00:46:22,300 --> 00:46:23,500  
心包有痰之后  
  
1149  
00:46:23,780 --> 00:46:25,900  
那么你为了防止芍药酸脸  
  
1150  
00:46:26,020 --> 00:46:27,300  
是不是得把芍药去掉啊  
  
1151  
00:46:27,900 --> 00:46:28,980  
之后把啥加上呢  
  
1152  
00:46:28,980 --> 00:46:31,110  
暑期这个我认为啊  
  
1153  
00:46:31,630 --> 00:46:33,620  
暑期用得非常妙，呃  
  
1154  
00:46:33,820 --> 00:46:35,900  
但是我在这呢，实话实说  
  
1155  
00:46:36,140 --> 00:46:37,420  
暑期我没用过啊  
  
1156  
00:46:37,420 --> 00:46:39,660  
因为进不来，这个我尽力了啊  
  
1157  
00:46:39,940 --> 00:46:41,180  
但是我门诊上呢  
  
1158  
00:46:41,180 --> 00:46:42,020  
我有长衫  
  
1159  
00:46:43,060 --> 00:46:44,300  
暑期是常山苗  
  
1160  
00:46:44,820 --> 00:46:45,860  
它效果没那么好  
  
1161  
00:46:45,900 --> 00:46:49,980  
但是你代之之后再加点药也是有效的啊  
  
1162  
00:46:50,380 --> 00:46:52,460  
呃，长山善于干什么  
  
1163  
00:46:52,460 --> 00:46:55,780  
你比如说我们说这个新包里头这个痰呢  
  
1164  
00:46:57,040 --> 00:46:58,520  
用谁都不行的时候  
  
1165  
00:46:58,800 --> 00:47:00,960  
用长山能把它吐出去  
  
1166  
00:47:00,960 --> 00:47:02,560  
如果用鼠奇更好，为啥  
  
1167  
00:47:02,680 --> 00:47:04,000  
苗是不是有生发之力啊  
  
1168  
00:47:04,440 --> 00:47:07,660  
所以说人体周身都是火的时候  
  
1169  
00:47:08,060 --> 00:47:09,420  
你看那个痰是什么  
  
1170  
00:47:09,980 --> 00:47:14,400  
只有心下的一点真阴，最后被练浊成痰  
  
1171  
00:47:14,600 --> 00:47:15,440  
闭塞了心窍  
  
1172  
00:47:15,680 --> 00:47:17,040  
导致这人疯狂吧  
  
1173  
00:47:17,340 --> 00:47:18,540  
我们讲亡羊必惊狂  
  
1174  
00:47:18,580 --> 00:47:19,500  
是不是有这个道理  
  
1175  
00:47:19,500 --> 00:47:22,460  
我曾经讲伤寒的时候给大家举过一个比方  
  
1176  
00:47:22,780 --> 00:47:25,810  
新君，就像光绪皇帝被囚于瀛台  
  
1177  
00:47:26,350 --> 00:47:27,790  
那么是不是就是这个项啊  
  
1178  
00:47:28,150 --> 00:47:29,870  
那么其实我当时还有一个比方  
  
1179  
00:47:30,190 --> 00:47:31,070  
这个暑期呀  
  
1180  
00:47:31,430 --> 00:47:33,270  
就如同耀中赵子龙  
  
1181  
00:47:33,900 --> 00:47:34,460  
为什么  
  
1182  
00:47:34,660 --> 00:47:37,380  
你看赵子龙当时怀揣阿斗，把阿斗放哪了  
  
1183  
00:47:37,380 --> 00:47:38,620  
放在护心镜底下  
  
1184  
00:47:39,180 --> 00:47:43,940  
是不是骑着一匹马七进七出百万军中啊  
  
1185  
00:47:44,340 --> 00:47:46,900  
那么是不是由内达外之相啊  
  
1186  
00:47:47,930 --> 00:47:48,130  
哎  
  
1187  
00:47:48,410 --> 00:47:50,930  
那么护着这个新新阳啊  
  
1188  
00:47:51,010 --> 00:47:52,450  
由内达外，哎  
  
1189  
00:47:52,450 --> 00:47:55,490  
那么就是那个药中子龙，耀中常山啊  
  
1190  
00:47:55,530 --> 00:47:58,660  
这，我就我经常是这么想的  
  
1191  
00:47:58,860 --> 00:48:00,780  
所以在临证中有很多妙用啊  
  
1192  
00:48:00,780 --> 00:48:02,460  
我曾经给大家举过，呃  
  
1193  
00:48:02,460 --> 00:48:05,310  
最常用的呢就是保健品综合征，呃  
  
1194  
00:48:05,430 --> 00:48:08,470  
比如有的人，当然我这保健品综合征啊  
  
1195  
00:48:08,510 --> 00:48:11,830  
它不是指指指带那个那个任何保健保健的东西啊  
  
1196  
00:48:11,950 --> 00:48:12,790  
我指的是什么  
  
1197  
00:48:12,790 --> 00:48:15,090  
比如说误用了很多这个  
  
1198  
00:48:15,090 --> 00:48:17,450  
比如说温热类的补品  
  
1199  
00:48:18,290 --> 00:48:20,090  
呃，比如这个在咱们东北有很多  
  
1200  
00:48:20,530 --> 00:48:24,450  
有的时候你去一些老头老太太家里头一个大玻璃瓶，对吧  
  
1201  
00:48:24,450 --> 00:48:25,330  
你看那里头，哎呦  
  
1202  
00:48:25,330 --> 00:48:27,210  
各种奇珍异宝，哎  
  
1203  
00:48:27,210 --> 00:48:29,210  
整的跟这个东海龙宫似的，对吧  
  
1204  
00:48:29,570 --> 00:48:32,690  
里头又是海马，又是什么那个那个哎  
  
1205  
00:48:32,860 --> 00:48:34,100  
这这个人参的啊  
  
1206  
00:48:34,100 --> 00:48:34,620  
又是鹿茸  
  
1207  
00:48:34,780 --> 00:48:36,060  
你你都不敢喝，对吧  
  
1208  
00:48:36,340 --> 00:48:37,380  
特别热，哎  
  
1209  
00:48:37,380 --> 00:48:38,540  
老头喝的不亦乐乎  
  
1210  
00:48:38,580 --> 00:48:40,860  
那么久而久之，那偶尔喝一点  
  
1211  
00:48:40,860 --> 00:48:42,580  
其实对对于身体来说有好处啊  
  
1212  
00:48:42,800 --> 00:48:44,320  
但你说如果过热啊  
  
1213  
00:48:44,320 --> 00:48:46,160  
咱们说这个道理过热  
  
1214  
00:48:46,590 --> 00:48:49,510  
那么造成了炼液成痰，蒙于心包  
  
1215  
00:48:49,710 --> 00:48:51,630  
这种情况其实在门诊上很多的啊  
  
1216  
00:48:51,630 --> 00:48:53,470  
我治过很多这种疑难的问题  
  
1217  
00:48:53,710 --> 00:48:55,790  
那么都是用这个救逆汤，效果特别好  
  
1218  
00:48:56,240 --> 00:48:57,480  
同时呢，龙骨啊  
  
1219  
00:48:58,520 --> 00:49:01,490  
干什么用的，我们说龙则合于肝嘛  
  
1220  
00:49:02,050 --> 00:49:02,370  
对吧  
  
1221  
00:49:02,690 --> 00:49:04,730  
因此能安魂牡蛎呢  
  
1222  
00:49:04,770 --> 00:49:06,210  
为月魄能定破  
  
1223  
00:49:06,410 --> 00:49:07,890  
一个能安魂，一个能定魄  
  
1224  
00:49:07,970 --> 00:49:09,730  
魂魄安定心神安宁嘛  
  
1225  
00:49:09,890 --> 00:49:11,330  
那么讲这么个问题  
  
1226  
00:49:11,880 --> 00:49:12,080  
呃  
  
1227  
00:49:12,080 --> 00:49:13,160  
所以关于这个汤呢  
  
1228  
00:49:13,160 --> 00:49:15,040  
我在这呢，不赘述了啊  
  
1229  
00:49:15,040 --> 00:49:16,440  
给大家讲一讲  
  
1230  
00:49:17,410 --> 00:49:17,610  
呃  
  
1231  
00:49:18,250 --> 00:49:20,530  
我们休息10分钟啊  
  
1232  
00:49:20,610 --> 00:49:24,640  
后头有这么五张小方子啊  
  
1233  
00:49:24,720 --> 00:49:25,480  
小方子不大  
  
1234  
00:49:25,480 --> 00:49:26,360  
但是我想呢  
  
1235  
00:49:26,360 --> 00:49:28,840  
我们得用一堂课的时间才能把它讲完  
  
1236  
00:49:29,040 --> 00:49:30,320  
好下课啊